



Yayasan Peduli Kemanusiaan Bali - Bali Humanity Care Foundation

2013

ANNUNUUA
r e p o r t

Annual Report

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“We empower people by providing support and training”



Vision

Our vision is to improve the independence and quality of life of people with physical disabilities in Bali. We will lead the way in achieving real and rewarding futures for our patients and our people.

Mission

To support people who have a disability so that they can reach their potential. This is achieved by providing affordable, caring and professional services.



Core Values

- **Ethical:** We are proud to be an ethical organisation. Our people, our integrity and our reputation are our most valuable assets. We are honest and realistic about what we can do and we stand by our word.

- **Professional:** We are an achievement-oriented organisation; organised, knowledgeable, committed and persistent. We strive to obtain knowledge and skills to help us deliver continuous high quality services to our clients. We aim for standards of excellence and seek to continually improve.

- **Not-for-Profit:** We believe this model is the most appropriate for our type of work. We offer the right combination of compassion, efficiency and effectiveness. All our funds seek to achieve our Mission and realise our Vision.

- **People-Centred:** We empower people by providing support and training so that they can reach their potential. Our services are individualised and our workplace is enjoyable and family-friendly.

- **Accountability:** We are open and transparent in all our activities and have policies that ensures our accountability.

Message from the Founder

The most satisfying feelings for us at YPK are to see the smiles of people with disability - who are too often excluded from society - and realise their new life independently.

Since our inception in 2001, we have been devoted to becoming a centre of excellence as a rehabilitation centre for people with physical disability. We do this by providing innovative programs that integrate various disciplines to accelerate patients' independency and confidence.

After 13 years of not having a permanent home, we have finally settled in the Annika Linden Centre Building that was built by Mark Weingard through the Inspirasia Foundation. The ever-growing facilities enable us to significantly advance our services, both with the Rehabilitation Centre and the Mobile Clinic.

Various support was received in 2013, both in the form of donations and volunteering that have driven YPK to become a leading centre that is widely recognized both nationally and internationally. Overseas individual volunteers and Scope Global (AVID and ABV) have also strengthened YPK's management capacity ranging from technology transfer in the field of physiotherapy and occupational therapy through to strategic planning for the next 5 years.

During 2013, we have received 193 new patients in the rehabilitation program, 18 new students in the education program and 125 new patients in the mobile clinic. The average number of patients served each day in the rehabilitation centre is 30 to 35, and 10 patients scattered throughout six villages, Karangasem, Gianyar, and Tabanan regencies. To date, we have served 1,099 patients and educated 66 children with disabilities.

YPK would like to extend our warm heartfelt thanks to Inspirasia Foundation as our major donor, Schmitz Stiftung - Dusseldorf German, the government of Bali Province, the Australian Consulate General Bali, The International Philanthropic Society of Sweden, Pancaran Kasih Bunda, I'm an Angel, Surfer Girl, Bali Sports Foundation and individual donors who are too many yet crucial to mention one by one. Without them, our journey over the last 13 years would never have developed into a not for profit organisation that faithfully serves those living with physical disability in Bali.

“Patients often ask, “How can I live independently?” This question motivates us to continually advance our services.”



Purnawan Budisetia
Founder and Director

Testimonial Of Clients



- Mr. Wayan Suryawan (Gianyar) – Stroke Survivor

“I am so happy to have YPK help me to get better after my Stroke over a year ago. The therapists are very well-trained and experienced. All the staff are so friendly and respectful, and this makes me feel like I am part of the family. The facilities support my recovery. Now, I am not so reliant on my wife to look after me all the time. I have improved in my mobility to be more independent, and I’m more confident to live in my community”.



- Mrs. Kadek mother of Agus (Tabanan) – Progressive Muscular Dystrophy

“The YPK education program has brought many positive changes to my son. He is happier, stronger and has a high spirit towards life. I love the way YPK teaches my Agus because they have developed a program that suits his needs and ability to learn. I am so grateful for their help over the past 2 years”.

- Komang Sukreni (Denpasar) – Erb Palsy

“At a glance I look like the other children but my right side is paralysed and it’s getting worse. My family is poor so it’s difficult to attend school and grow up like other children. Then I got an opportunity to learn in YPK where I found out that many children have worse conditions than me. Every day, I learn many things there - reading, writing, math, social studies and science. The teachers also teach me to be grateful for everything in my life. Now I’m committed to helping my friends who find it difficult to do daily activities such as eating and drinking. Helping them through preparing lunch is one of my ways to give thanks for everything in my life”.



Background Of YPK

Yayasan Peduli Kemanusiaan (YPK) Bali is a not-for-profit organisation that was founded in 2001 to provide rehabilitation for people with a disability, and who are unable to access formal health care facilities. Clients of YPK receive physiotherapy as well as ongoing psychological and emotional support free of charge.

In 2010, YPK Bali expanded its services, establishing an informal education program for children with disabilities, and also a community based mobile rehabilitation service. More information about YPK is available on the website www.ypkbali.org.

Currently, YPK Bali is located in the Annika Linden Centre in Tohpati, Bali, the new rehabilitation facility. It is custom-built to cater for local non-profit organisations that includes YPK and other health and disability organisations.



A New Centre, Spirit, and Hope

In January 2013 YPK moved to the Annika Linden Centre. We also started our operations with new furniture and facilities. All of our patients are very happy with this new centre.

The patients can now receive therapy with more comfortable rooms without being crowded. The children are also very happy. They can learn more freely with books and all of educational resources in their new classrooms.

This new environment encourages the students to increase their independence. YPK believes through the Annika Linden Centre we can deliver the best service for

people with physical disabilities in Bali. And to introduce services at the Annika Linden Centre to Governments and social workers in Bali the Annika Linden Centre and its partner successfully held an open house. Through these activities, the Annika Linden Center can increase awareness of the centre as a place of excellence for social activity, as well as strengthen relationship between the Annika Linden Centre and all of stakeholders.



Increased Efficiency

Starting in the new centre has allowed us to help many people as much as possible. During 2013, YPK received 193 new patients and delivered 5,507 treatments. The rehabilitation centre treats approximately 30-35 patients per day with the treatment time per patient increasing from 41 to 64 minutes. The dramatic increase in time allows patients to accelerate their progress. Patients can receive manual therapy, electrotherapy and gym exercise 2-3 times per week.

Mostly, patients and families find us through word-of-mouth. In the last six months, we have received patients from a wider area across the island including Mojokerto City in East Java Province. Considering the distance and time taken by the patients to attend, our services need to be well-organised and effective to ensure it is worthwhile for them.

YPK can provide them with intensive therapy and exercise as well as give on-the-spot training to families so they understand what they need to do with the children to stimulate their development through some simple games and motions. Getting the families involved in our program will make it more sustainable, thus provide improved outcomes for all.





Workshop on Stroke

Life after a stroke is a hard challenge for both the patient and family. Understanding stroke itself and how to prevent stroke attacks for the second time is a must. YPK held a stroke attack prevention workshop for the second time with Dr Desak Ketut Indrasari Utami, Sp.S. The doctor received a lot of questions and it became apparent that most of the patients and their family needed accurate information.

Furthermore, the best nutritionist in Bali, Dr. Gde Ngurah Indraguna Pinatih, M.D, M.Sc, also explained valuable facts on how food restrictions are related to three common diseases in the community such as diabetes, metabolic disease and hypertension. It was fundamental for everyone - the staff, patients and families - to be aware of healthy eating habits to prevent further complications while aiding in speedy recovery.

“ Poor nutrition due to wrong lifestyle can trigger stroke, heart disease, diabetes and other dangerous diseases ”



A curriculum tailored for them

The education program welcomed 18 new students in 2013. They came from various backgrounds and have various needs and abilities. The total number of children who have received an education at YPK Bali since its inception is 66 and the total active students who come regularly to 2-3 sessions per week are 38 children.



In addition, the education team and Leila Reilly (Curriculum Development Officer from the Australian AVID volunteer program) have worked very hard to tailor a curriculum in accordance with the needs of the children.

YPK wants to move away from rote-based learning as it is known to be a less effective learning strategy and does not provide skills that can be applied throughout the students' life in the same way that a Thinking Curriculum can.



Learn Better Together

There is nothing more rewarding than learning together while understanding each other. These children spend one day learning and playing together with the YPK children. Together, they did hand painting, storytelling, singing and playing games. By playing some games and playing music, all the students were encouraged to get to know each other. We have observed that these activities are beneficially for the students of YPK. They have become more confident thus feel more comfortable and accepted in the wider community.

Aku selalu tumbuh dan berkembang



Sexual Education for Growing Children

All children - despite having disability or not - need sexual health education especially in the time of puberty. They need to understand their bodies, their reproductive health and how to protect themselves. In this activity, we separated the girls and the boys. The psychologist and volunteers from the medical faculty of Udayana University helped us teach the children.

All of the children enthusiastically joined in this new class because it was something new for them. Through the information, they can grow into healthier teenagers and be much more aware of the dangers they may be exposed to.



Out-of-school Learning

The students in the education program really enjoyed visiting the Green School in Sibang and Volcano Museum in Kintamani. At the Green School they did some activities such as drawing frames, making chocolates, a walking tour of the school, and singing with the Year 7 class in their regular assembly.

At the volcano museum the students also were really enthusiastic and observed many kinds of stones and watched the movie about the Batur eruption tragedy at the museum. They learnt the history of Mt Batur and how the community around the mountain survives and produces many things out of stones from the eruption. The teachers also taught them how to respect and enjoy life of both the past and the present. It could be a lesson for them to live life confidently and allow them to interact with the wider community.



Students Organised a Family Fun Day

The Family Fun Day was the first event at the Annika Linden Centre to be organised and conducted by the YPK students. It was a great chance for them to learn teamwork and leadership as well as improve their confidence. They had to complete the invitation for their parents, practice giving speeches, and set up the agenda for the event. They also demonstrated their talents in singing, dancing, reading poetry and being a master ceremony in front of their parents and YPK staff. This event was very successful and we hope to have another Family Fun Day again soon.





Learn to Generate Income independently

The Educational Program has developed a new activity to assist our adult students to become more independent particularly with generating income. The teachers are training the students to be ready for life as an adult by finding out how they can utilise their abilities to earn money. So far, the teachers and volunteers have assisted the students to learn to produce beautiful accessories and cook delicious slices.

Fortunately, the World Bank event held at the Annika Linden Centre was a good opportunity to introduce our new products to a very appreciative crowd. A lot of people loved the Brazilian Peanut Slices, Chocolate Slices as well as Lime Coconut Slices made by Yulia (23), Dewa (19) and Rai (17). YPK Bali was delighted to be able to open a stall and many people bought bracelets and necklaces. We also received very positive feedback from the visitors of the AusAid Social Innovator Award, another event held at the Annika Linden Centre.

The Mobile Clinic

Helping people in remote areas to get better access to health and education is one of the reasons why YPK implemented the Mobile Clinic program. Within 6 months, the team has expanded YPK's service areas to eight villages around Southern and Eastern Bali. Thus, the total villages that YPK has reached since its inception is 17 villages across 5 regencies.



The areas were selected according to the data we received from the Social Bureau, as these villages have a high number of people with physical disabilities. To give a clearer understanding of our activities and procedures of the mobile clinic program, we held a presentation for the village community, the village staff members and the social bureau staff. It assisted us spread the word of our activities in the village. As a result, YPK has delivered 1,266 treatments to 125 new patients.





YPK goes to East Bali

People with disabilities often have limited mobility and access to transportation. As such, they regularly stay around the house without adequate healthcare and education. This also happens to people with disabilities and their families in Menanga Village and Ban Village, East Bali. These villages are situated quite a distance from our office in Denpasar, so our weekly visits need to be well organised and effective to ensure it is worthwhile for the community.

We discussed with East Bali Poverty Project (EBPP) staff that works closely with YPK mobile clinic team in Ban village and agreed that the EBPP staff will help us give daily exercises to the children and supervise them.

We also introduced the program to the people and village staff in Menanga village to give a better understanding about our activities and rules in the Mobile Clinic program. Getting all the people involved in our program will make the program more sustainable and will provide better outcomes not only for the patients but also for the village community.



Seminar on Disability

In an effort to take actions against the discrimination of people with disabilities, YPK Bali conducted a seminar with the theme “Traditional and Religious Perspective on Disability”. The aim of this seminar was to spread knowledge on disability so that people can gain a better understanding of what disability is, living with a person and bearing children with a disability.

More than one hundred participants from a variety of backgrounds across the island attended the seminar. The speaker, Ida Pandita Dukuh Acharya Dhaksa, a Hindu Priest, emphasised that often people have misunderstandings of karma or any other rules related to the tradition or religion. In addition, some also do not understand the implications of inbreeding.





“ Awareness and health assistance never recognize the age of a person ”

Improving Community Health

Providing community health is one of YPK's favourite activities. YPK Bali was very proud to provide physical check-ups and nutrition consultation as well as ear, nose and throat check-ups to people in eight villages in Gianyar, Badung, Denpasar and Karangasem Regency.

Five of those were conducted in collaboration with the Public Health Centre and the Udayana University nursing students. The remaining were held independently by the YPK team with the support of the village officials, doctors from the PDK team, Dr Bawa Negara, Sp. THT and the students of the Udayana University medical faculty. These strong partnerships between YPK and other stakeholders allowed us to help 628 people enhance their level of health.





YPK Family Gathering

Having quality time with all patients and families helps boost togetherness, solidarity and quality of life. In mid 2013, everyone from YPK travelled to Warung Rekreasi Bedugul in Tabanan Regency to experience its beautiful landscape gardens.

We did lots of exciting activities such as games, singing, and dancing. The staff designed games that were fun for all. The activity also renewed and strengthened the relationship amongst the staff, patients and families.

“I am pretty sure that for most of us, outings bring up pleasant memories and we always have a great time. I especially liked the games. I learned that it doesn’t matter how we look, the right thing is how we can support each other,” said Kadek, the husband of a YPK patient.

The Future

2013 was an exciting year for the YPK team as we took our first step to further develop and expand our services through our new centre at the Annika Linden Centre. YPK is highly committed in continuing its services for disadvantaged communities by undertaking the following programs listed below. Both programs are still in the 'developmental phase' and require ongoing planning and financial assistance.

- BaliRungu

The BaliRungu is a program that provides assistance to those with hearing disabilities by providing access to hearing assessment and the provision of hearing aids. In addition, BaliRungu will also undertake a community awareness program that will educate people in maintaining ear health and preventing hearing loss.





- Residential Care

The latest YPK initiative, the Residential Care Facility will provide accommodation and 24 hour care to 40 homeless people with disabilities and to those who not cared for by their families. The facility will not only provide food and shelter for both adults and children, it will also offer medical and health care, nursing care, rehabilitation and life skills training.

The development is a major financial investment for YPK and requires significant donor support, so fundraising events, sponsorship campaigns and international funding is required on an ongoing basis.

Thank you to our sponsors and supporters

We are deeply grateful for the contributions from organisations, foundations, corporations, schools and individuals. These supports have been lead us to help more people in Bali and deliver the integrated-tailored services for people with physical disability.

Australian Consulate General, Bali
Bali International School
Bali Sport Foundation
Ecoturin – East Bali Poverty Project
Gandhi Memorial International School Bali
Green School Bali
I'm an Angel Foundation
Individual donors and visitors
Indonesian Embassy for Sweden and Latvia
Inspirasia Foundation
Jembatan Senang Foundation
John Septimus Roe
(JSR) Community School Perth, Australia
Karen Kaplan, CA – USA
Ketut Mastrining
Medical Faculty of Udayana University
Pancaran Kasih Bunda
Permata Bank
Scope Global (formerly PT Austraining Nusantara)
Puskesmas 2 – Denpasar Timur
Puspadi Bali Foundation
Sanglah Hospital Bali
Santo Leo Foundation
Schmitz Stiftungen, Düsseldorf – Germany
Social Bureau of Bali Province
Social Bureau of Badung Regency
Social Bureau of Denpasar Municipality
Social Bureau of Gianyar Regency
Social Bureau of Karangasem Regency
Social Bureau of Tabanan Regency
So Rehab Bali Foundation
Surfer Girl Bali
The Peacock Family, Australia
The International Philanthropy Society (IPS) of Stockholm, Sweden
Volvo Stockholm, Sweden

Organisation And Corporation

Statement Of Activity

January 2013 Through December 2013

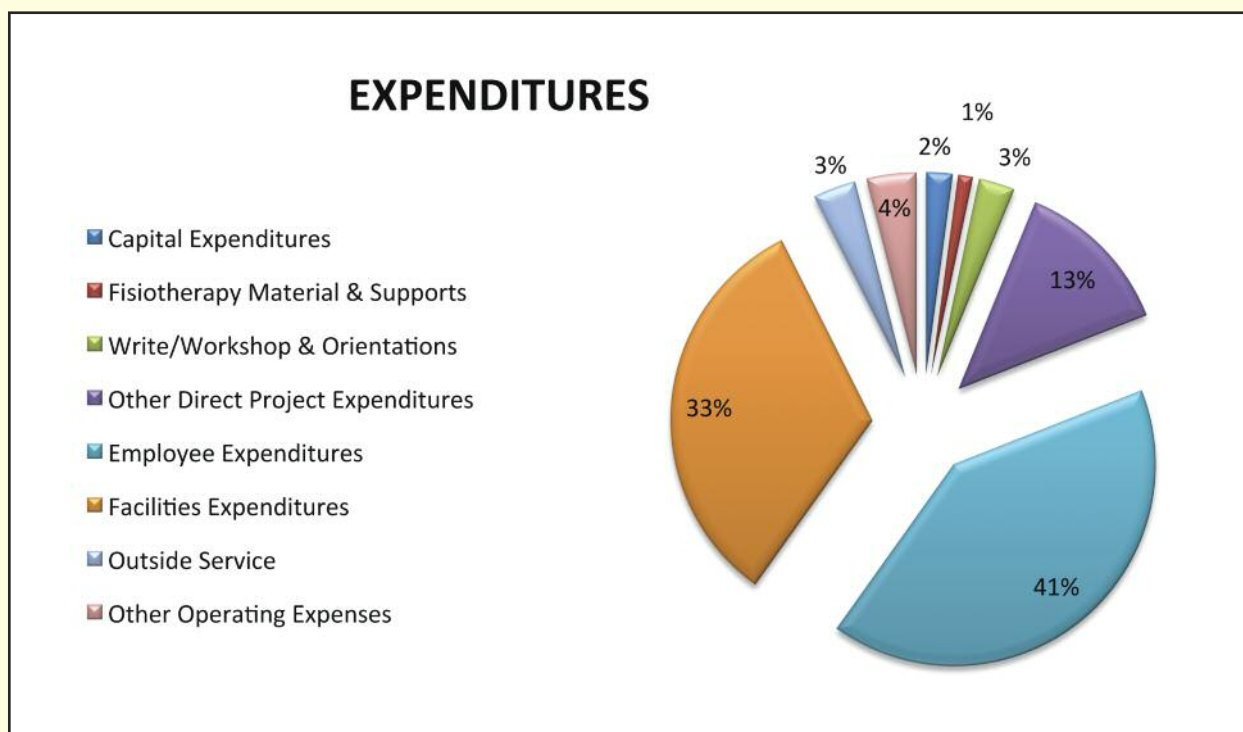
CHANGE OF NET ASSETS	
INCOME	
<i>Grants</i>	1,740,599,109
<i>Other Donations</i>	194,565,000
TOTAL INCOME	1,935,164,109
EXPENSES	
<i>Capital Expenditures</i>	28,532,676
<i>Fisiotherapy Material & Supports</i>	15,877,245
<i>Write/Workshop & Orientations</i>	38,855,737
<i>Other Direct Project Expenditures</i>	172,439,866
<i>Employee Expenditures</i>	548,487,085
<i>Facilities Expenditures</i>	439,333,167
<i>Outside Service</i>	46,176,597
<i>Other Operating Expenses</i>	42,452,224
<i>Depreciation & Amotization</i>	62,023,122
TOTAL	1,394,177,719
OTHER EXPENSES /INCOME	
<i>Other Expenses</i>	
<i>Bank/Tax Charge, Admin</i>	2,255,792
<i>Gain/Loss Fixed Assets Removal</i>	8,809,519
<i>Total</i>	11,065,311
<i>Other Income</i>	
<i>Bank Interest, Monthly</i>	5,577,154
<i>Gain/Loss Exchange Rate</i>	45,176,819
<i>Other</i>	301,118
<i>Total</i>	51,055,091
TOTAL NET ASSETS	580,976,170

Financial Position

As Of December 2013

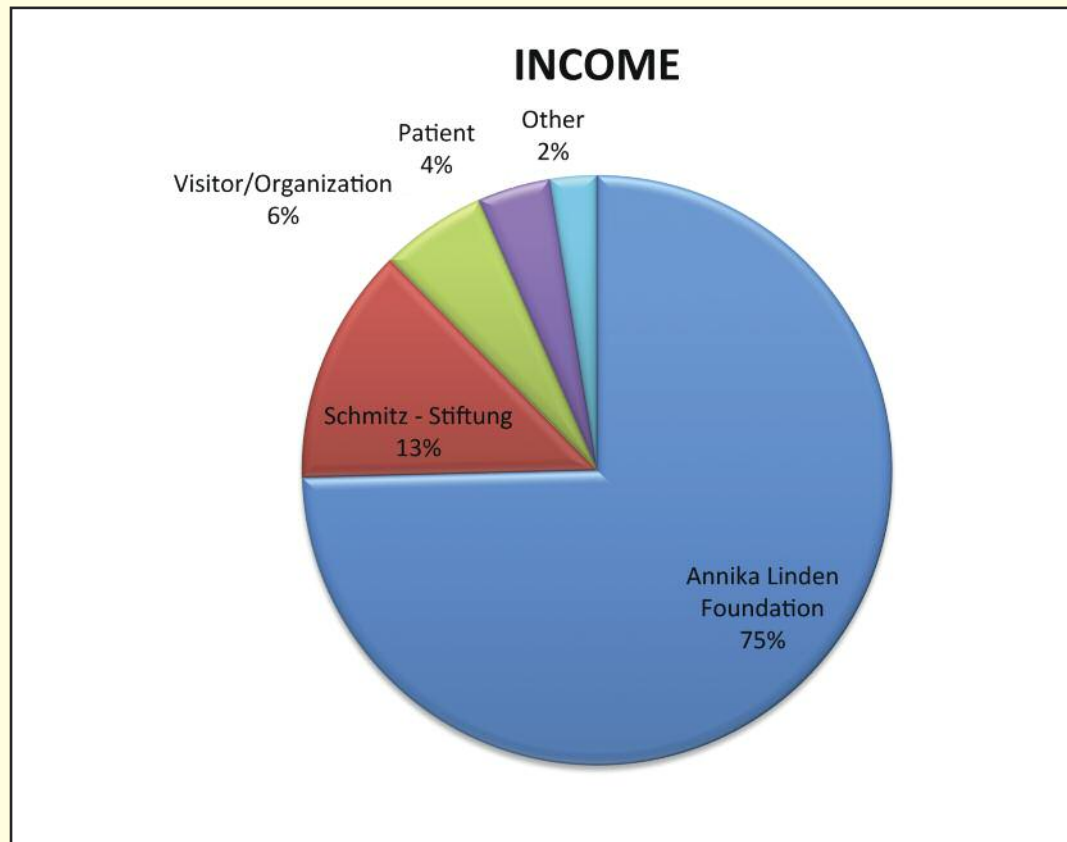
ASSETS	
CURRENT ASSETS	
<i>Cash and cash equivalents</i>	446,785,232
<i>Account Receivable</i>	11,186,027
<i>Prepaid Space/Office Rent</i>	42,500,000
TOTAL CURRENT ASSETS	500,471,259
FIXED ASSETS	
<i>Fixed Assets, net of depreciations</i>	387,272,464
TOTAL FIXED ASSETS	387,272,464
TOTAL ASSETS	887,743,723
LIABILITAS & NET ASSETS	
LIABILITAS	
<i>Current Liabilities</i>	2,808,933
TOTAL LIABILITIES	2,808,933
NET ASSETS	
<i>Unrestricted Net Assets 2012</i>	254,121,020
<i>Unrestricted Net Assets 2013</i>	82,161,671
<i>Temporary Restricted Net Assets 2012</i>	49,837,600
<i>Temporary Restricted Net Assets 2013</i>	498,814,499
TOTAL NET ASSETS	884,934,790
TOTAL LIABILITIES & NET ASSETS	887,743,723

Expenditures



INCOME	IDR	%
Annika Linden Foundation	1,481,759,109	74.60
Schmitz - Stiftung	258,840,000	13.03
Visitor/Organization	115,219,900	5.80
Patient	79,345,100	3.99
Other	51,055,091	2.57
	1,986,219,200	100

Income



EXPENDITURES	IDR	%
Capital Expenditures	28,532,676	2%
Fisiotherapy Material & Supports	15,877,245	1%
Write/Workshop & Orientations	38,855,737	3%
Other Direct Project Expenditures	172,439,866	13%
Employee Expenditures	548,487,085	41%
Facilities Expenditures	439,333,167	33%
Outside Service	46,176,597	3%
Other Operating Expenses	53,517,535	4%
	1,343,219,908	100%



Yayasan Peduli Kemanusiaan Bali

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