



Yayasan Peduli Kemanusiaan Bali - Bali Humanity Care Foundation

2015

# ANNUAL report

Yayasan Peduli Kemanusiaan (YPK) Bali is a not-for-profit organisation which was founded in 2001 to provide rehabilitation for people who have a physical disability, and who are unable to access formal health care facilities.

**YPK Bali is a registered charity in Indonesia**

Ministry of Law and Human Rights no. C-3654.HT.01.02.Th2007 and Ministry of Finance of The Republic Indonesia – Directorate General of Taxes no. 02.217.713.3.903.000 as Non-Profit Organization



## OUR VALUES

**Ethical:** We are proud to be an ethical organisation. Our people, our integrity and our reputation are our most valuable assets. We are honest and realistic about what we can do and we stand by our word.

**Professional:** We are an achievement-oriented organisation, knowledgeable, organised, committed and persistent. We strive to obtain knowledge and skills to help us deliver continuous, high quality services to our clients. We aim for excellence and seek to continually improve.

**Not-for-Profit:** We believe that the not-for-profit model is the most appropriate for our work. We offer the right mix of compassion, efficiency and effectiveness. All our funds are directed to achieving our Mission and realising our Vision.

**People Centred:** We empower people by providing support and training so that they can reach their potential. Our services are individualised and our workplace is enjoyable and family-friendly.

**Accountability:** As we are a community based, non-for-profit organisation, we are accountable to the donors and the board members for the appropriate delivery of services and expenditure of funds. We are open and transparent in all our activities and have policies and procedures that ensure our accountability.

## OUR VISION

To maximise the independence and improve the quality of life of people who have a physical disability and who live in Bali. We will lead the way in achieving real and rewarding futures for our clients and our people.

## OUR MISSION

To enable people who have a physical disability to reach their potential through the provision of affordable, caring and professional services.



## PROGRAM DEVELOPMENT & ACHIEVEMENT

JANUARY – DECEMBER 2015



*Limitation is not a hindrance  
to social care in the community*

## 1. REHABILITATION PROGRAM

The rehabilitation program offers clients a multidisciplinary therapy approach, incorporating physiotherapy and occupational therapy. The physiotherapy is a range of stretches and exercises tailored to the needs of each client. In combination with the use of gym and clinic equipment, this type of therapy improves overall muscle function by increasing muscle flexibility, strength and endurance.

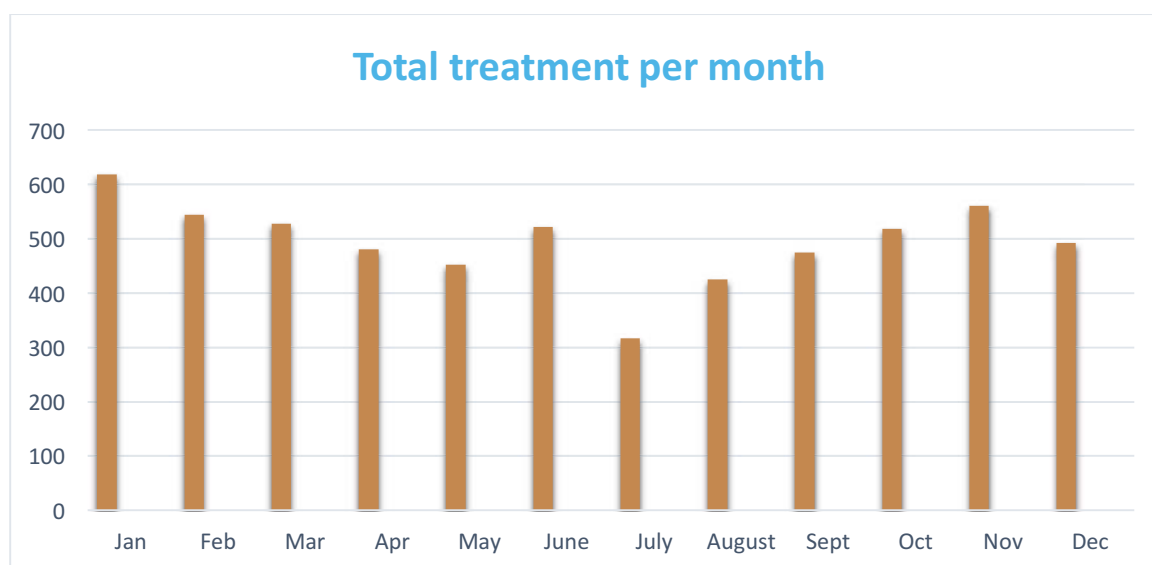
Occupational Therapy focuses on retraining muscle function to help clients independently perform day-to-day activities, such as eating, drinking, washing and getting dressed. In some cases YPK will prescribe mobility aids, such as arm splints, crutches, wheelchairs and braces to enable more independence for patients.

The table below describes our achievement during 2015 in the rehabilitation program.

		Achievement	
<i>Previous Clients</i>	Stroke		12
	Cerebral Palsy		40
	Nerves & Muscular Problem		6
	Bones Problem		0
	Other		13
<b>Total Old Client</b>			<b>71</b>
<i>New Clients</i>	Stroke		13
	Cerebral Palsy		36
	Nerves & Muscular Problem		5
	Bones Problem		7
	Other		20
<b>Total New Client</b>			<b>81</b>

Table 1. Achievement of Rehabilitation Program 2015

The rehabilitation team consists of 1 co-ordinator unit, 3 physiotherapists, 1 assistant therapist and 1 general assistant. This team successfully delivered 5,934 total treatment sessions during 2015.



## Successes

- The rehabilitation time was extended from 60 minutes (in 2014) to 90 minutes (in 2015) in response to the needs of our clients. This extra time increases engagement and involvement of parents or families through intensive training and assistances. Therefore, parents and families can apply the home program correctly and safely. This also reduces the dependence of the families on us since they have better understanding about disability.
- A survey was started to research any new potential clients. It aims to ensure our services are delivered fairly and meet the criteria of family economic background, seriousness of family, etc. The field survey also aims to collect data about the surrounding environment of clients house in order to maximize the impact of our therapy program.
- In 2014, 1 therapist handled 2-4 clients at a time, but in 2015 we have improved it so 1 therapist handles 1-2 clients.. This ensures maximum rehabilitation time between the client, family and the therapist and can therefore give rapid and significant impact.

## Challenges

- Most of our clients that we helped are poor so they highly rely on our support for transportation to follow all the therapy activities in the clinic. Since their muscles are stiff and often have suffered deformities due to the delay treatment, it is definitely impossible and unsafe to bring the clients on motorbike. However, our limitation in transportation could not help all those clients. This transportation issue has been resolved through a submission of a proposal to Bank Indonesia (*the Central Bank of The Republic of Indonesia*). As a result, in last July 2015 YPK received a generous in-kind donation of a second hand minibus of 12-seat from Bank Indonesia. This minibus could be used to support YPK to reach more areas and help more people with physical disability in Bali.
- This year, it was tough for us to schedule and give treatment to our children clients with severe conditions. We are continually finding ways to reachout and treat every single person with physical disability.
- As many people know, Bali has so many ceremonies that are held almost every week throughout the year. This also affected our treatment session since many parents were unable to bring their child to our centre.

YPK Bali held three primary health care activities this year. There were 670 people that could be checked (see table 2). This activity is one of our efforts to conduct early screenings. We prioritise early identification and intervention using this Primary Health Care to identify people with impairments and to facilitate referrals as soon as possible.

Time	Location	Type of Services		Partners
March	Puraja Village – Bangli Regency	General	64	Dhyana Pura University, Sanglah Hospital (ENT & Dermatology Department, Surfer Girl, Local volunteers)
		ENT	64	
		Dermatology	29	
		Physical	32	
		<b>Total</b>	<b>189</b>	
June	Antapan Village – Tabanan Regency	General	71	Health School, Indra Hospital, Public Health Centre, Local volunteers, Medical Student Group
		ENT	77	
		Physical	29	
		<b>Total</b>	<b>177</b>	
November	Trunyan Atas Village – Bangli Regency	General	123	Lily Medika Apotek, Medical Student Group, Indra Hospital, Sanglah Hospital, Kyo Ai Private Clinic, Dhyana Pura University)
		ENT	118	
		Dermatology	23	
		Physical	40	
		<b>Total</b>	<b>304</b>	

Table 2. Primary Health Care Number in 2015



There are lots of wonderful stories from our clients and their families. Below are some of the stories that come from the clients in our Rehabilitation Unit.



*Giri (5 years old) joined YPK in early 2013. Because of his cerebral palsy, he was very weak and could not sit by himself. After almost 2 years of following all therapy program, Giri can now sit independently and has stronger legs to stand up. Giri has started his walking exercises and is now a much happier boy.*



*At our centre, Devi does the rehabilitation program twice per week, an hour and a half per session. Devi can sit up by herself, has started crawling and now has stronger muscles. Her development has helped her join our education program too. Her mother is very happy to see her little girl's steady progress. Since Devi's socialising skills are also improving, she has lots of friends and is able to play with them.*



*Kadek was born prematurely and has experienced delays with his development. He could not crawl, stand up or walk independently. After 6 months of following all therapies, Kadek can now stand up and walk for 3 metres without assistance. His parents are overjoyed and proud of their boy. This small achievement will surely lead him to greater independence, self-confidence and more importantly happiness.*



*Egi has suffered from cerebral palsy ataxia type. Due to the lack of knowledge, Egi used to sit with kneeling all the time. His mother never knew that it would lead to deformities. Fortunately, Egi has started his therapy sessions before he gets contracture and deformities. After 3 months with YPK, Egi has learnt to sit properly in various ways and his mother is now aware of the correct positioning to support Egi's development.*



*Mr. Kantor had his first stroke attack in February 2015. He was on a wheelchair when he first joined YPK in April 2015. He relied heavily on his son to do everything. But after 6 months of therapy, Mr. Kantor made lots of progress. He is able to walk with a cane now.*

## 2. EDUCATION PROGRAM

YPK Education provides specialized modified education to children with physical disabilities, taught by professional teachers with the aim of improving children’s independence and self-confidence by combining basic education, social interaction and occupational therapy. This integrated program helps children to be independent, thus reducing the burden of care on their families. Indeed, it ultimately leads to greater respect for and acceptance of the disabled in Bali.

The table below describes the growth figure of our students during 2015 in the education program.

Level of Education	Previous Student	New Student	Graduated	Dropouts
Cempaka (basic level)	21	12	0	3
Mawar (medium level)	13	1	1	5
Melati (advanced level)	6	1	3	1
<b>TOTAL</b>	<b>40</b>	<b>14</b>	<b>4</b>	<b>9</b>

Table 3. Student Growth in 2015

Up to December 2015, the education unit welcomed 14 new students this year and taught 3,519 classes to a total of 41 students who come 2-3 times per week.

As shown in table 3, there is an increment in the Cempaka group as most of our new students that we received have very limited ability in mobility, socialisation and interaction. The teachers develop vary focused learning activities to support those students. These include making flash cards in Balinese language, combining educational sessions with occupational therapeutical sessions and developed project based learning activities. Through mutual partnership between YPK and the HAN University of Applied Science in Netherland, we received tools to help teachers address sensory and communication challenges more effectively.

We were also very proud of the achievements of our students. They have shown progress through various activities as follow.





Development and improvement of the teaching quality have been conducted through continued capacity building. In the last two years, YPK Bali and Karen Kaplan from the Global Offerings Organisation have actively worked together to improve education for children with special needs in Bali. This collaboration has initiated a workshop that is held annually at the Annika Linden Centre. This year, we were focusing on external factors that significantly affect the development of children with special needs.

This capacity building benefits our teachers by being more creative and innovative in delivering a learning activity. As a result, the following are some success stories from students in the Education Unit.



*Yuditha has shown progress in independence and communication. He can move around with his wheelchair and be able to do his activities in YPK without the company of his mother. He is also better in math and literacy class.*



*Kartika has transformed into a braver, smarter and cheerful Balinese girl. She was highly dependant on her grandmother who had to be next to her all the time. Now she bravely takes all opportunities that allow her to explore her surroundings. Her grandmother can stay at home while Kartika goes to YPK.*



*The first time Edi joined YPK, he was very difficult to communicate with. He was afraid to make eye contact and his father was doing everything for him. After almost one year following all the educational and therapeutical session in YPK, Edi has made lots of progress. His communication has improved and he can now feed himself. He has made friends and has gradually reduced dependence on his father.*



*Eka Parwati is one of our new students in the Cempaka Group. She is 16 years old and YPK is her first school. She never went out of the community and her condition was also very unhealthy and unhygienic. Then, in class, she has learned about interaction and communication. We have taught her about hygiene and now she has become more confident and is able to do all activities in the classroom.*



*Putu bayu was very shy. The teachers found it difficulty to engage him to do the the lesson activities as he was scared, tense, and embarrassed. But now, Putu Bayu can easily do all activities as he has gained self-confidence. He works well in his group and his math is improving.*



*Dewa and Rai (orange t-shirt) with YPK Board Advisor, YPK Director and a Representative of IAYP Indonesia. They received a bronze level award from the International Award for Young People. These two students also completed their school year in YPK. They graduated with amazing result. They can contribute to their family and join their nearest society.*



### 3. MOBILE CLINIC PROGRAM

The table below describes our achievement up to December 2015 in our mobile clinic program

Area	Schedule	Total Clients	Total Treatment
Timuhun Village	Monday	40	326
Cempaga Village	Tuesday	46	480
Selat Sub-District	Wednesday	15	178
Bugbug Village	Thursday	9	180
Penebel Sub-District	Friday	117	479
<b>Total</b>		<b>227</b>	<b>1,643</b>

Table 4. Mobile Clinic's Client Number in 2015

In 2015, our Mobile team expanded the service area to three more villages: Timuhun Village in Klungkung Regency, Selat Village in Karangasem Regency and Penebel Sub-district in Tabanan Regency. During visits to these areas, the mobile clinic provides their traditional service model and individualised home visits. The mobile clinic team will continue to regularly provide home visits to maximise the patient's ability to be independent in their home using existing resources. The patients will then continue to do exercise at home by themselves with assistances from the family.



Home visits by the YPK Mobile Clinic team

The mobile clinic team also teaches families how to mobilise safely and best assist their family member who has disability. This service will ensure that those patients who live far away from our centre, and do not have any means of transportation, can still receive quality and effective services from YPK Bali.



Education session in the Mobile Clinic Program



*The mobile clinic delivers treatment in the villages*

### **Success Stories from Mobile Clinic**



*Putu Ngakan Wishnu usually known as Mr. Ngakan suffered stroke at a young age. Ngakan comes from Cempaga Village-Bangli Regency. For more than eleven years, Mr. Ngakan never received any treatment for his recovery. It demotivated him, and has made him very introverted. Also, his right leg is stiff.*

*Through a family-based approach, Mr. Ngakan finally went out of his house and has joined our Mobile Clinic in the village centre. After more than six months of joining the Mobile Clinic, Mr. Ngakan condition has shown significant results. He now has started to earn money by himself. He goes around his small village to collect empty bottles then sells them. His treatment has boosted his self-esteem and confidence. Mr. Ngakan can finally contribute to supporting his family and he is very proud of it.*



*Ardika has been diagnosed with cerebral palsy spastic bilateral type. The parents didn't understand about medical support, so for almost 12 years, he never received any treatment.. Noticeably, both legs have become contracture. After 10 months since joining the mobile clinic program, he has shown a lot of progress. He is able to stand up and begin practicing how to walk. However, because of his severe contracture, it seems harder for Ardika to be able to walk.*

*Therefore, the mobile clinic team also teaches him how to use a wheelchair. It will train his hand to be stronger and maximize his mobility potential that would help his independence. Initially we struggled to tell it to the parents. They really wanted to see their son walk normally. But with appropriate approach and effort, finally the parents could understand his condition and fully support him.*



*Wayan Wahyu is from Tabanan Regency. He suffers from cerebral palsy spastic type, which caused both of his legs to stiffen. He used to sit with bending his back and he was also very afraid to see other people. Wayan Wahyu joined Mobile Clinic 7 months ago. Now, he has shown a lot of progress. His legs are less stiff and he has just started to practice walking. He also can sit up upright and is more confident.*



## 4. BALIRUNGU PROGRAM

The table below describes our achievement during 2015 in BaliRungu program.

Indicator	Total
Total areas reached	51
Total beneficiaries	3,695
Total session of audiometry test	86
Total session of educational class/small workshop	28
Total hearing aids	8

Table 5. BaliRungu Numbers in 2015

Supported by the ENT Unit of Sanglah Hospital and PGPKT Bali, BaliRungu has successfully conducted preventive and curative programs in schools and villages around Bali. In every visit, BaliRungu's audiologist always delivers an education session. It aims to increase and spread awareness to people about hearing loss prevention. We educate the community about developing proper habits in order to keep their ears healthy and clean.



*BaliRungu is supporting these students through education and examination*

As part of BaliRungu's commitment to improving health outcomes in remote Balinese villages, we visit the Public Health Centres and Village Health Posts in seven regencies all over Bali. In these visits, we provide information consistent with educational brochures and posters that BaliRungu has produced and distributed to the public. The visits aim to enrich the information resources for the villagers. Also the health workers in each village can relay the information we taught them to reach the whole community.



*Visitation and discussion with local staff from the health centre in each village*



BaliRungu also continues to distribute hearing aids. In 2015, we distributed eight hearing aids. One of the recipient is Mr. I Nyoman Teles. He is a servant at Besakih Temple which is the biggest temple in Bali. At his age, he is actively involved in many ceremonial activities and events at Besakih Temple. Previously, Mr. Nyoman was one of our patients who attended our primary health care event at Besakih Temple. His sincerity and spirit inspired us and motivated the YPK team to support him by providing hearing aids. Mr. Nyoman can now communicate with all of the Balinese people that go to pray at his local temple.



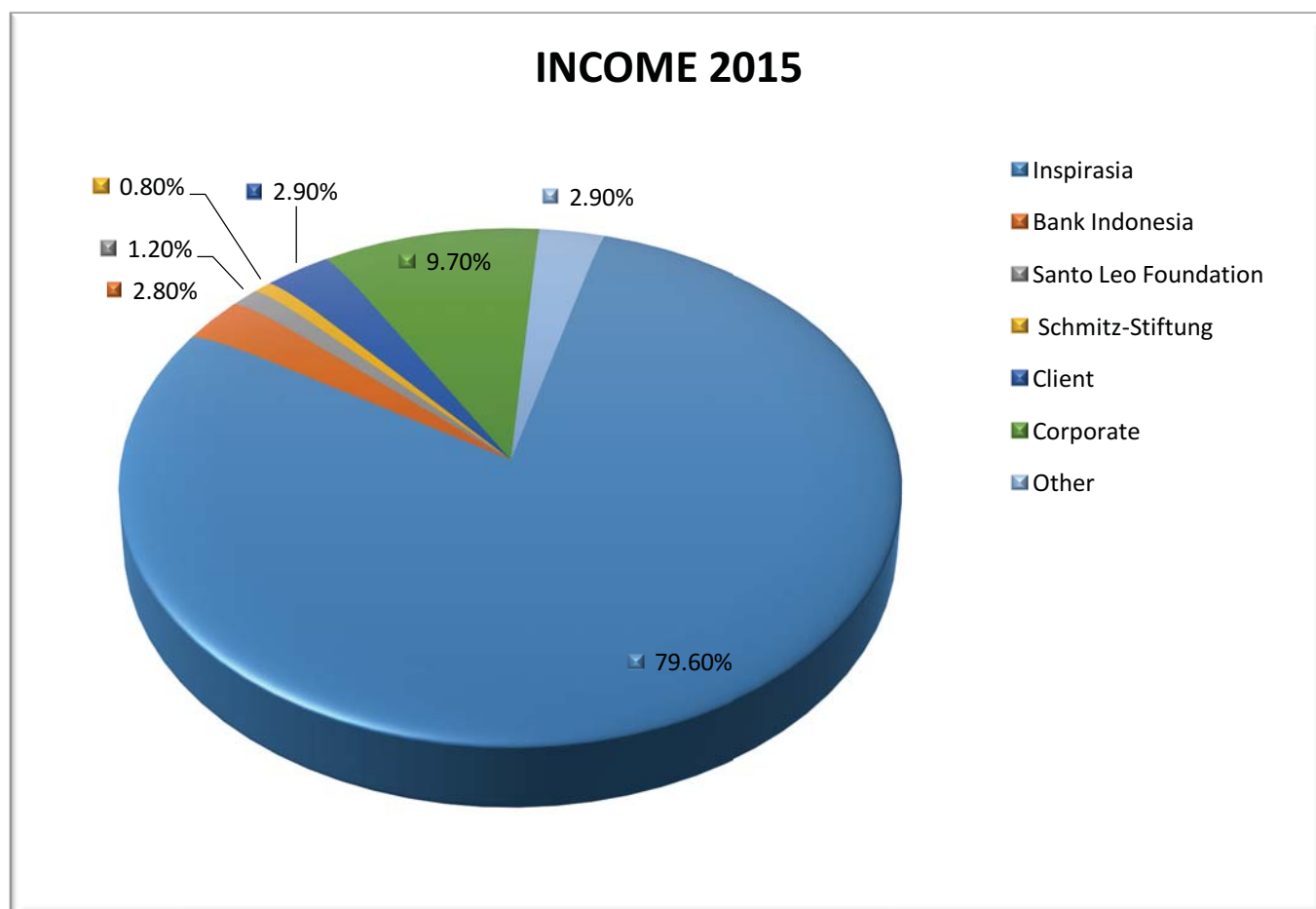
## **FINANCIAL SITUATION**

**JANUARY – DECEMBER 2015**



# INCOME 2015

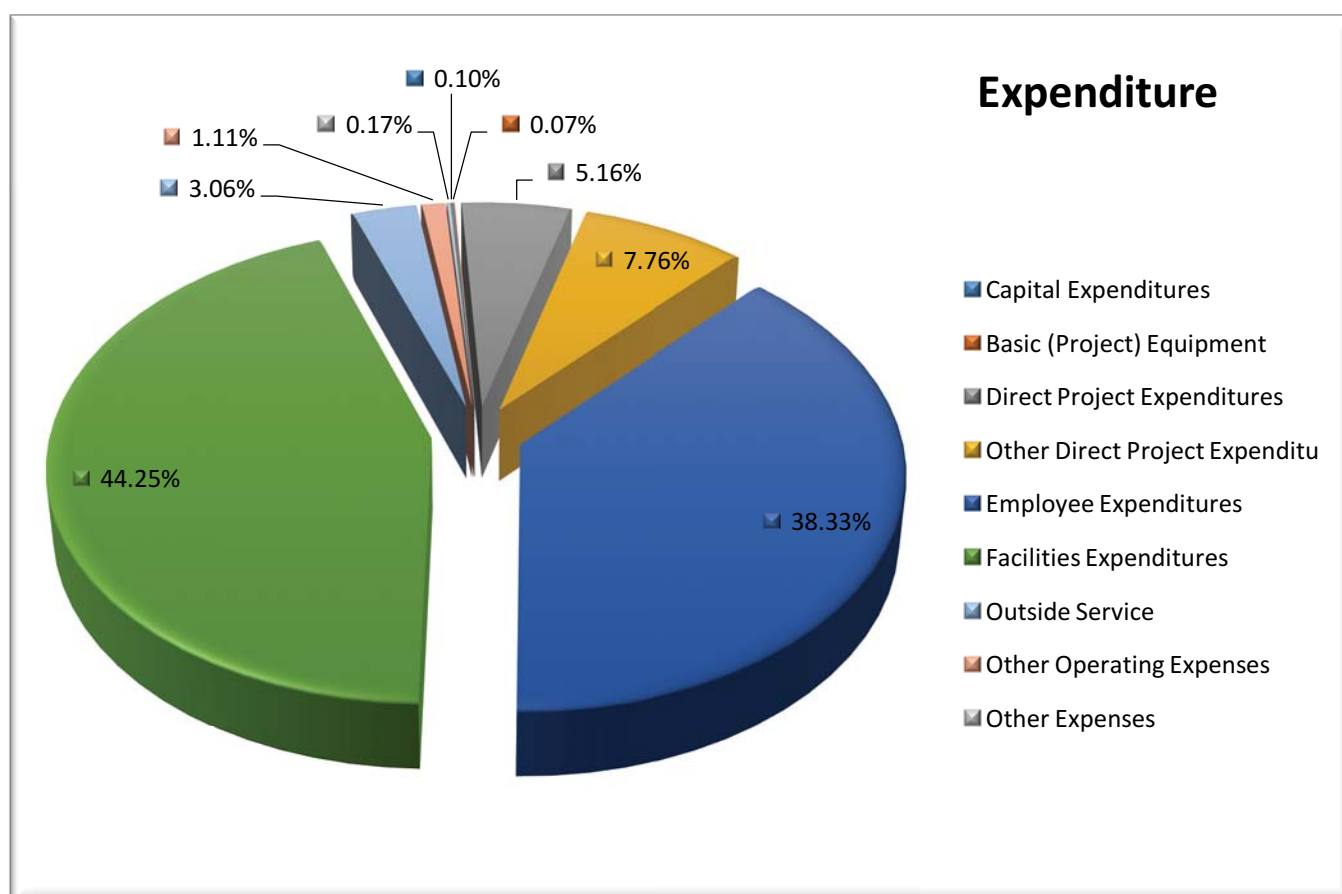
INCOME	AMOUNT IDR	%
<b>Restricted Donation</b>		
Inspirasia	2,070,186,752.00	79.6%
Bank Indonesia	72,950,000.00	2.8%
Santo Leo Foundation	32,500,000.00	1.2%
Schmitz-Stiftung	21,953,400.00	0.8%
<b>Unrestricted Donations</b>		
Client	75,276,500.00	2.9%
Corporate	252,651,903.00	9.7%
Other	75,987,555.48	2.9%
<b>TOTAL</b>	<b>2,601,506,110.48</b>	<b>100%</b>





## EXPENDITURE 2015

EXPENDITURE	AMOUNT IDR	%
Capital Expenditures	2,057,100.00	0.10%
Basic (Project) Equipment	1,402,500.00	0.07%
Direct Project Expenditures	108,568,491.00	5.16%
Other Direct Project Expenditure	163,341,402.00	7.76%
Employee Expenditures	806,617,120.00	38.33%
Facilities Expenditures	931,282,099.00	44.25%
Outside Service	64,413,076.00	3.06%
Other Operating Expenses	23,325,772.00	1.11%
Other Expenses	3,516,951.45	0.17%
<b>TOTAL</b>	<b>2,104,524,511.45</b>	<b>100%</b>



# Organisation And Corporation

## Statement of Activity

January 2015 Through December 2015

### CHANGE OF NET ASSETS

#### INCOME

<i>Grants</i>	2,197,590,152
<i>Other Donations</i>	393,376,603
<b>TOTAL INCOME</b>	<b>2,590,966,755</b>

#### EXPENSES

<i>Capital Expenditures</i>	2,057,100
<i>Teaching Equip. &amp; Apparatus</i>	1,402,500
<i>School Expenses</i>	26,606,715
<i>Medications &amp; treatment</i>	15,894,666
<i>Fisio &amp; Occupational Supplies</i>	18,865,948
<i>Write/Workshops &amp; Orientations</i>	47,201,162
<i>Other Direct Project Expenditu</i>	163,341,402
<i>Employee Expenditures</i>	806,617,120
<i>Facilities Expenditures</i>	931,282,099
<i>Outside Service</i>	64,413,076
<i>Other Operating Expenses</i>	32,234,772
<i>Depreciation &amp; amortization</i>	108,432,138
<b>TOTAL EXPENSES</b>	<b>2,218,348,698</b>

#### OTHER INCOME / EXPENSES

##### *Other Admin Income*

<i>Bank Interest, Monthly</i>	10,539,355
<i>Gain/loss Exchange Rate</i>	10,281,424
<i>Gain/loss Tax Account</i>	78,304
<b>Total Other Income</b>	<b>20,899,083</b>

##### *Other Expenses*

<i>Other Admin Expenses</i>	
<i>Bank/Tax Charges, Admin</i>	3,516,951
<b>Total Other Expenses</b>	<b>3,516,951</b>

<b>TOTAL NET ASSETS</b>	<b>390,000,189</b>
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# Financial Position

*As of December 2015*

## ASSETS

### CURRENT ASSETS

<i>Cash and cash Equivalents</i>	679,338,754.75
<i>Account Receivables</i>	7,250,000.00

Total Current Assets	686,588,754.75
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### FIXED ASSETS

<i>Fixed assets, net of depreciations</i>	383,896,386.00
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Total Fixes Assets	383,896,386.00
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<b>TOTAL ASSETS</b>	<b>1,070,485,140.75</b>
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## LIABILITIES AND NET ASSETS

### *Liabilities*

<i>Current Liabilities</i>	(2,814,558.00)
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Total Liabilities	(2,814,558.00)
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### *Net Assets*

<i>Unrestricted net assets 2014</i>	641,513,954.20
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<i>Unrestricted net assets 2015</i>	249,338,809.03
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<i>Restricted net assets 2014</i>	41,785,555.52
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<i>Restricted net assets 2015</i>	140,661,380.00
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Total Net Assets	1,073,299,698.75
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<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>1,070,485,140.75</b>
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# Thank you to our sponsors and supporters

We are deeply grateful for the generous support from organizations, foundations, corporations, schools and individuals. Your support has led us to help improve the quality of life of more people with disability in Bali and deliver the integrated-tailored services for people with physical disability.

**INSPIRASIA FOUNDATION**  
**BANK OF INDONESIA, Denpasar**  
**SANTO LEO FOUNDATION, Jakarta**  
**SCHMITZ STIFTUNG, Dusseldorf – German**  
**MCLAREN CLUB INDONESIA, Jakarta**  
**Bvgari Hotel**  
**Surfer Girl, Bali**  
**Bali Violin School (BAVISH), Denpasar**  
**East Bali Poverty Project**  
**Bali Bello, Bali**  
**John Septimoes Roe Anglican Community School, Perth – Australia**  
**Green School, Bali**  
**The International Philanthropy Society (IPS) of Stockholm, Sweden**  
**I'm an Angel, Bali**  
**Dhyana Pura University, Bali**  
**Sunrise School, Bali**  
**International Award for Young People (IAYP), Jakarta**  
**Hardy's Foundation**  
**KYOAI Clinic, Bali**  
**Hearlife, Jakarta**  
**Pancaran Kasih Bunda**

**Ketut Mastrining**  
**Donna Powel**  
**Karen Kaplan**  
**Nico Steeman**  
**Nurani**  
**Linda Listiana**  
**Whyne Chaney**  
**Okta Viandra**  
**Vreysen's Family**  
**Miki Aryani**

**Mason and Renee**  
**Peacock Family**  
**Nani Srikiti Aman**  
**Desak Putu Hartawati**  
**Leila Reily**  
**Naning Sudiarsih**  
**Tony Gozal**  
**Ratih Chrismaeneny**  
**Adrian and Friends**  
**I Nyoman Reta**

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