



YPK Newsletter Vol. II April – June 2015

The YPK Bali Team

Opportunity

An unknown author said that every day is an opportunity to make happiness. But people that are poor and have a physical disability suffer a double disadvantage as they face additional challenges and barriers that limit their opportunities to any access.

Therefore, at YPK we always try to give opportunities so our clients can gain a happier life. The simplest example is our teacher in the education program who will give opportunities for all student to prepare their own meals and eat by themselves. By receiving this opportunity, students learn life skills that will reduce their dependency on parents or carers.

To provide this simple opportunity requires commitment and patience. Certainly, their limitations in movement makes what may appear as a simple thing actually require a lot of time and practice. No doubt that sometimes we all want to finish quickly, but at the same time, it actually eliminates the opportunity of making lasting achievement.

Thus, let make any challenges, which people with disabilities might have, an opportunity for them to prove to the world and themselves that they can and they are extraordinary.

Purnawan Budisetia – Founder and Director

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*Cover photo by: Ari Purwati
Photo one of our students in Education Program*

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School Camp

Look deep into nature, and then you will understand everything better – Albert Einstein

At the end of April 2015, eleven students went on a camp at Baliwoso in Pengotan Village. It was both a thrilling and challenging moments for the children of YPK because it was their first experience camping. This activity was carried out with the approval of the children's parents since students had to camp without the company of their family.

The teachers from YPK worked closely with the Baliwoso team in order to create and deliver meaningful learning experiences. All of the activities were designed to increase independence, along with their communication and interaction skills to be used in the wider community. As a result, all of the eleven students demonstrated a strong sense of character and performance.



All the students helped each other, they applied skills when meeting new people, and they never forgot to use the three magic words (thank you, please, and sorry). Jelita, a student who participated in the camp, said "I was very happy at the camp. They trusted me so I could show that I could do some things independently. I will keep asking my teacher, when will be doing this again?"

On the picture: One of YPK student's went to an orange garden. He learnt to choose a good orange and tried to pick it up by himself.

From Our Rehabilitation Centre



During April, May and June, there were 74 children patients who receive physiotherapy treatment from YPK Bali.



YPK Bali also helps adults with disabilities. In this second quarter of 2015, we have treated 50 adult patients and 29% are stroke survivors.



YPK Rehabilitation Centre in Denpasar has delivered 1,455 therapy session during April, May and June 2015.



We worked with patients and their families to teach them how they can use everyday items to improve their motoric skills.



Consultations are provided to help patients and their families understand about their therapy plans.



To engage children with exercises that they do regularly, we deliver sport lessons once a week at the Annika Linden Centre.

Keluarga Asuh Program

Keluarga Asuh (support family) program is a program that provides an opportunity for families from all over the world to be part of our patient's journey. The role of the Keluarga Asuh are to support a patient who requires additional support, such as medicines, medical check-up, and food supplies. The support provided depends on the patient's condition.

In addition, Keluarga Asuh can also show their support by giving a scholarship through our education program or a therapeutic support fund so people living with a disability in Bali will not lose their opportunities.

If you wish to join as a Keluarga Asuh, please kindly contact YPK at info@ypkbali.org



In the picture: Kadek Agus with his mother. They are very happy to receive support from the Keluarga Asuh Program. This program has helped Kadek Agus's mother to buy medicine that Kadek needs to take regularly to support his condition.



A Commitment to Improve Health Outcomes

As part of BaliRungu's commitment to improve health outcomes in remote Balinese villages, we have visited the village health posts and health centres in seven regencies all over Bali.

In these visits, we have provided information consistent with educational brochures and posters that BaliRungu have produced and distributed to the public.

The visits aim to enrich the information resources for people in village, and also the health workers in each villages will relay the information we taught them to reach the whole community.

Good Hearing for a Better Future

Every child has the right to medical examinations, especially in order to support the learning process. From ear examinations conducted at schools located in Bali, BaliRungu are finding that children often have dirty ears and bad ear habits, such as placing dirty fingers in their ears and using sharp items to clean their ears.

As an effort to help these children to save their hearing, BaliRungu provide basic health education and conduct medical examinations and audiometry examinations of the ears. These assessments are important to prevent hearing loss or early deafness. We examined and educated a total of 930 childrens at seven villages in Bali during April, May and June this year.



I'm an Angel

YPK Bali would like to thank I'm an Angel for its support to one of our students, Kadek Adi. Kadek is the fourth child to receive additional support to create his brighter future.



Primary Health Care

As an effort to help people in the villages get better access to health, the YPK team conducted primary health care for the people of Antapan Village-Tabanan Regency. We examined a total of 177 patients and distributed medicines as well as vitamins. An education and consultation session was also provided to help the community to be more aware of health issues, specifically those that could lead disability.



Karen Kaplan

YPK Bali has continued its collaboration with Karen Kaplan, an American expert in special needs education and speech therapy. This collaboration started in 2011 with the aim to improve the practices around special education in Bali i.e. teacher knowledge, developing lesson plan, and understanding children.

Soccer Day

Four students from the YPK Education Program were very happy spending day at the field. They played soccer with other students from YKIP. Tylor, Sean and Dona from Global Offerings Organization coached this Soccer Day. It was a really great opportunity for the children of YPK to play with other children and join the wider community.



**Photo Soccer Day by Dian Assidika-YKIP*

Addressing Sensory and Communication Challenges

In the last three months, the YPK Rehabilitation Centre has 74 child patients who come regularly (2-3 times per week) to receive treatment from our physiotherapists. These children face various challenges such as physical mobility, sensory disorders and communication challenges.

Communication skills are more challenging for our team to address. Limited human resources, particularly in terms of occupational therapists and speech therapists often makes it difficult to understand the child's condition. Consequently, it takes time for us to develop a therapy program that really can help children and parents in addressing these challenges.

Through a partnership between YPK Bali and the HAN University of Applied Science (in the Netherlands), our therapists and teachers can now improve their skills to help children and parents address sensory and communication challenges better.

Starting in last April, two occupational therapist students, Simone Eppink and Michelle Bruine de Bruin, from HAN University, conducted research about sensory integration in YPK. Anoeek van Herpen, another student from the communication field, also began her research to develop a speech-training program for YPK staff.



Over a period of three months, they worked very close with all the therapists and teachers to understand the context and how their research could help the children of YPK. As a result of the research, Simone and Michelle developed a flowchart that can be used by the therapists to address sensory problem of our children and patients. This flowchart will help the therapists to develop appropriate programs with current, local resources.

On her last week in Bali, Anoeek also conducted a workshop to introduce her final research. It was a speech training program manual based on general approach principles of total communication.

The amazing students from HAN University have equipped the teachers and therapists with the materials and skills that were previously taught and discussed by other volunteers. We believe that this continued improvement will help us to create a better therapy environment for children, to help parents develop stronger communication systems with their children, and to support our children facing these challenges.

The Stories.....

Komang Sukreni (student) – The struggle has paid off

“I had to wait many years before starting my education. Just like other students, literacy was quite a challenge for me, but the teachers never gave up helping, and they tried many ways to teach me. I can feel that my teachers at YPK believe in me. Now the struggle has paid off, and with very good results. I can read and write. These skills really help me taking various activities, such as reading song lyrics, reading signs while doing outdoor activities, or reading scripts as a radio announcer. I have continued to hone my ability in literacy with operating computer, including typing, reading command, choosing program and sending an email.”



Mrs. Komang Yuliastini – I can see her beautiful smile

“Before I came to YPK, I tried many ways to cure my little girl, Devi. Devi is my beautiful girl and has the most beautiful smile. However, her body is very weak. I brought her to hospital, but we couldn’t afford to pay the cost of the therapy. I tried to get the cheapest one, but they only treated Devi for ten minutes once a week; I didn’t see any significant progress, until my friend told me about YPK two years ago. At YPK Bali, Devi does two program, the rehabilitation program and education program. Her therapy is scheduled twice per week, an hour and a half per session. Devi participates in the Education Program three times per week. By joining both programs, I now see lots of progress. Devi can sit up by herself, she has started crawling, and her communication is also improving. She has made lots of friends and is able to play with them. I can see her beautiful smile and feel her happiness. I will always be next to her to support her reaching more accomplishments”.



Mr. Wayan Suryawan (stroke patient) – I’m more confident

“I am so happy that YPK has helped me recover after my stroke over a year ago. The therapists are very well trained and experienced. All the staff are so friendly and respectful, and this makes me feel like I am in a family. The facilities are great to support my recovery. Now, I am not so reliant on my wife to look after me all the time. My mobility has improved and I am more independent and confident to live in my community.”



Inneke R. Nanda (Volunteer) – A little step can change something

“I started my volunteering work at YPK Bali in January 2015 until now. During the first four months, I helped the teachers in the classroom. I taught children about reading, math, English, and the skills that they need to practice in order to be independent. It was hard for me to communicate with them as many have speaking challenges. Then, I learnt to be more patient, listen more and more responsive. Eventually, I really enjoy my time to talk with those children in education program. I do really love to be a volunteer here, and it is my passion to help other people with my skill. I believe that with little steps, I can change something in someone’s life.”



Let join us to create another wonderful stories

For more information about how you can join YPK to create another wonderful stories and experiences, please contact us at info@ypkbali.org

Recognition Corner

YPK Bali would like to recognize our following outstanding partners for the second quarter in 2015, and offer our gratitude for their generosity and commitment.

Inspirasia Foundation
International Philanthropic Society of Stockholm (IPS)
I'm an Angel
Pancaran Kasih Bunda
HAN University of Applied Sciences
Universitas Dhyana Pura-Bali
SMF THT - RS Sanglah
IAYP - Indonesia
PT. Scope Global Nusantara
Surfer Girl Bali
Green School Bali
Gandhi Memorial International School
John Septimus Roe (JSR) Community School-Australia
Sun Rise School
Komedik Bali
Karen Kaplan & Global Offerings
Chaney Family
Jennie Fenton
Edward Kosasih
Ida Wijayanti
Jero Mastrining
Luh Putu Yumiasih
Anita Puspita Sari
Lisa Ismiandewi
Nurani and Linda
Linda Listiana
Okta Viandra
Kadek Januarsa Adi Sudharma
Inneke Rizka Nanda
Ni Kadek Ayu Diah Natalia
Abigail, Lucy & Feby



For more information

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Monday-Friday 8am-3.30pm
Saturday 8am-1pm



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