



YPK Newsletter Vol. II April – June 2016

The YPK Bali Team

Staff Capacity Building

YPK strives to deliver outstanding services to the donors and beneficiaries of its programs. We seek to achieve this by building the capacity of our staff, and giving them access to training and skills development via YPK programs and professional development opportunities.

Starting in early March, an Australian Business Volunteer, Robert Hill, joined the YPK management team in the role of business development advisor. During his three-month placement, Robert worked alongside the YPK staff to share his skills and provide training. He aimed to strengthen the capacity of YPK Bali by developing a plan of activities, sponsorship and fundraising strategies.

In terms of direct services to our clients, Reade Rehabilitation Rheumatology, which is based in The Netherlands, provides training to improve rehabilitation services for patients with Cerebral Palsy (CP). All therapist and teachers followed the fourteen days intensive training delivered at the Annika Linden Centre. Our staff learned about deepening knowledge on CP, making a treatment plan, setting goals, involving parents and considering the home situation, providing information and many other substantial topics.

Anouk and Louisa from HAN University, also in the Netherlands, worked closely with our staff to help them better understand the communication challenges for a child with a physical disability. Anouk and Louise are two speech therapy students who came to YPK through a partnership program between YPK Bali, Internship Bali, and HAN University.

We are very grateful to receive this support. I believe that the YPK staff is an essential part of program implementation and the organisation's growth. Thus, by training staff and providing them with professional development opportunities internal and external to YPK, we together can develop a highly trained, stable and loyal workforce. Ultimately, this will lead the whole organization to continual improvement.

Purnawan Budisetia – Founder and Director

THIS MONTH ISSUE

>> *Nutritional Issues with Cerebral Palsy* P. 2

>> *Our Birthday* P.3

>> *Client's Story* P.4

>> *Check out our beautiful gallery.* P.5

*Cover photo by: Purnawan
Photo of YPK staff after team
building session.*

YAYASAN PEDULI KEMANUSIAAN (YPK) BALI

Annika Linden Centre

Jl. Bakung No. 19 Tohpati, Denpasar – Bali 80237

Telp/Fax: +62 361 462431

ypkbali.org | info@ypkbali.org



Overcome the Nutritional Issues with Cerebral Palsy

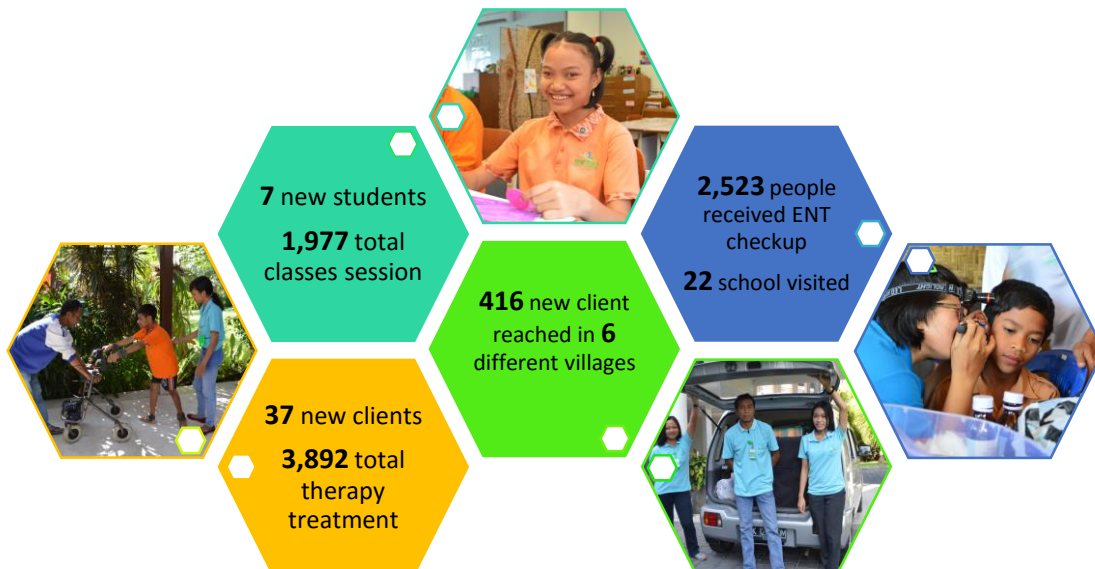
In the last edition of YPK Bali's newsletter, we showed you that there are 56 clients who have difficulties opening their mouths, chewing, and swallowing their food due to their disability. These challenges do not only affect their oral health problems, but also bring some nutritional issues.

To help families overcome this nutritional issue for their children, we have developed a program in collaboration with Katie Sutton, a nutritionist volunteer from EBPP Project. Katie helps YPK staff to understand the nutritional needs of a child with special needs, and how to help the child receive proper nutrition.



We also involved the parents through our family support group program. We let the parents experience the difficulties for a child with issues related to such things as chewing and swallowing. This helped parents to understand what would be required to overcome these challenges. Parents need to pay attention to their child's position during eating to create safe swallowing. They also have to become more creative in making a variety of food textures. It is important to ensure that a child will not become malnourished because they cannot eat certain food textures.

Growth Number January – June 2016





15 Years of Dedication and Support

Yayasan Peduli Kemanusiaan (YPK) Bali was founded in 2001 to provide rehabilitation for people who have a physical disability, and who are unable to access formal health care facilities. Initially, clients of YPK receive physiotherapy as well as ongoing psychological and emotional support, free of charge.

In 2009, YPK Bali expanded its services, establishing an informal education program for children with a physical disability and in 2010, a mobile rehabilitation clinic for rural communities. The mobile staff also provide community education related to living with a disability, and train families how to continue with the physiotherapy exercises developed for their family member.

In 2012, YPK Bali expanded its services by introducing a hearing program named BaliRungu. This program provides ear, nose and throat (ENT) prevention checks and community education about hearing loss. It also distributes hearing aids to help people with hearing impairment and provides them with auditory training sessions to maximise the impact of the hearing aids.



This April, YPK Bali celebrated its 15th years anniversary with an intimate ceremony at Annika Linden Centre. We celebrated together with all of YPK's staff, clients and families, volunteers, and supporters. Organised by a 'Pot-luck' party theme, everyone enjoyed sharing their food, their time and their happiness with each other. This shared connection brought us much happiness and joy.

Our journey for 15 years has provided us with many lessons. It has made us a better organisation and let us achieve more accomplishments. This celebration will be a driving force for us to improve our service quality as well as our professionalism as a non-profit organization. It also marked YPK's commitment to provide access and affordable healthcare to improve lives of people with physical disability.



YPK Bali & the Global Offerings

YPK Bali is proud to be one of the Global Offering partner in Bali. Global Offerings was founded by Karen Kaplan and based in California. We have been worked together for five years in capacity building of local therapists and teachers in order to provide the most meaningful learning and therapeutic activities for children with special needs.



This June 2016, we conducted five different workshops that covered a variety of topics, i.e. building a strong foundation for a special needs teacher, understanding sensory integration process, building a vocational program, and supporting children with communication challenges. These workshops were attended by local NGOs around Bali as well as the parents and the social worker who works with children.

Through this collaboration, YPK Bali can do our part in creating a better way and a proper environment for all children with disabilities in Bali. We believe that this knowledge will increase our services and enhance our programs, as well as build networking among the organisations that exist in Bali and in the wider Indonesian network.



Story of Kadek

A transformation into a braver and confidents young man



Kadek Adi (16 years old) has been part of YPK for 2 years. The first time he came to our rehabilitation centre, his mother had to carry him. Kadek did not know how to use any mobility aids such as a wheelchair or walker. Kadek was highly dependant on his mother, Ibu Made Sari. She prepared all his daily activities, including his communication.

Kadek has made lots of progress since. His mobilization is good because he can competently use a walker. Kadek can now go to the bathroom by himself. His mother feels so happy seeing this improvement. This progress has also been a huge confidence booster for Kadek. According to his mother, Kadek has become more open to his friends. He can reply to greeting people and he can do a little bit eye contact when communicating with people.

Kadek's mother admitted that her son has become more enthusiastic after experiencing his own progress. He does his exercises every day without fail and he even reminds his mother if she forgets to help him during exercises. These accomplishments have given Kadek's mother new hope that her son will achieve his independence. It has also transformed Kadek into a brave and confident young man.

Gallery



Primary Care at Besakih Temple

There were more than 30 individuals that have supported through our Health Primary Care activity at Besakih Temple. This health service was provided for all servant at Besakih Temple as the biggest temple in Bali.



Reade

On May, YPK Bali has continued to receive training support from READE - the Netherlands. It has been supported and facilitated by The Annika Linden Centre. There were also Puspadi Bali and SO Rehab Bali who joined the training. All YPK Bali staff were enthusiastically in absorbing all materials about deepening knowledge on Cerebral Palsy during whole two weeks training.



Soccer day

Four students from the YPK Education Program were very happy spending day at the field. They played soccer with other students from Green School, YKIP, Sari Hati School and Sjakitarius Foundation. Joshua and Karen from Global Offering Organization coached this Soccer Day. It was a really great opportunity for the children of YPK to play with other children and join the wider community.



John Septimus Roe

Staff and students of YPK Bali were enjoying their times with students and teachers from John Septimus Roe (JSR) Community Schools Perth, Australia. All of them has experienced various fun, yet meaningful learning activities.



Bali Bird Park

As part of our commitment to deliver a real-world learning experiences to all children with physical disability in Bali, we conducted a one-day excursion to the Bali Bird Park. The aim of the excursion was to teach students about social interaction, accessing public space and independency. Definitely, this experience was bringing so much fun for them.



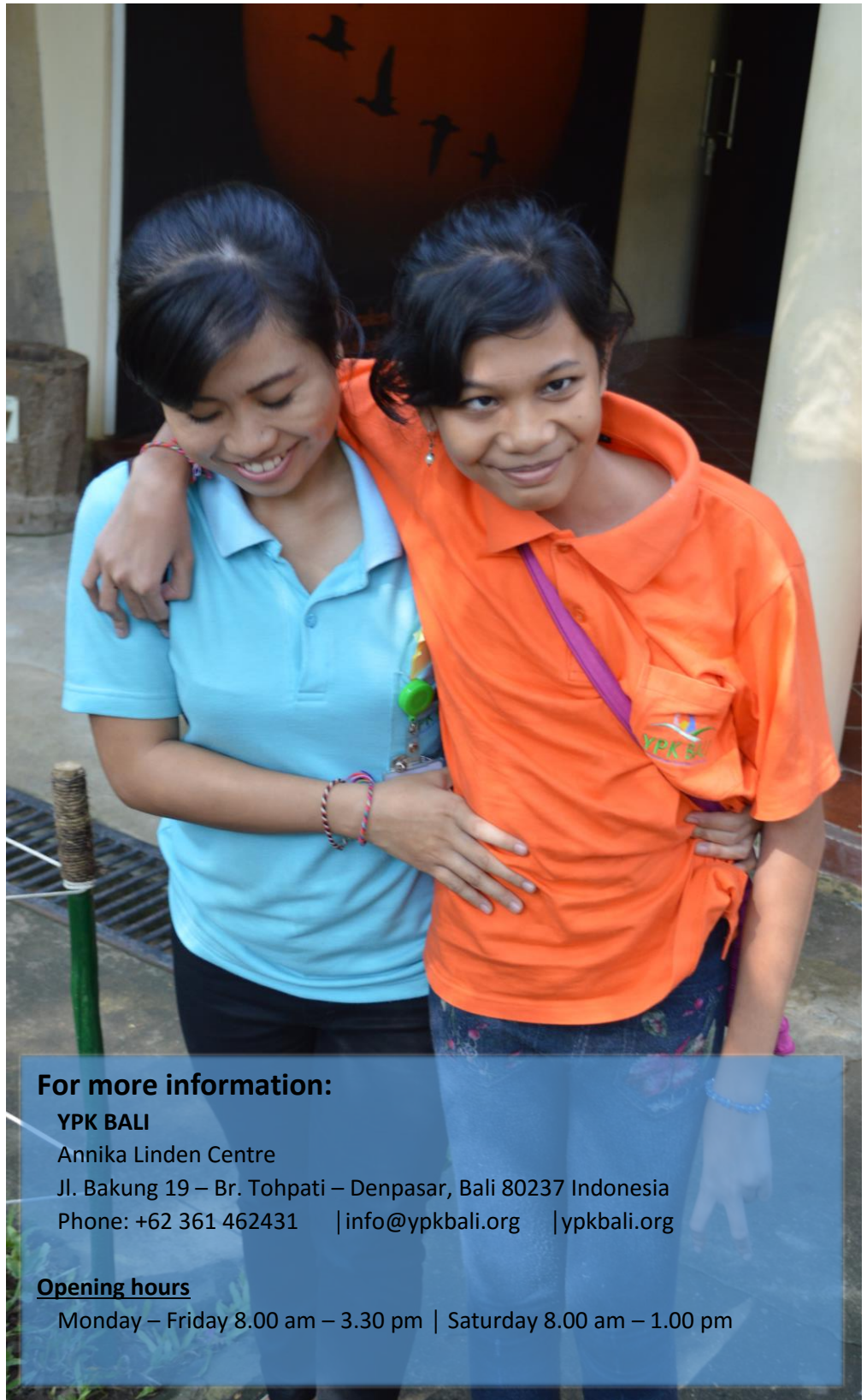
Mobility Aid Support

This June, we have distributed five mobility aids such as walker and tripod canes, to our stroke client in the Mobile Clinic Program. The procurement of these aids was a result of the bracelets sale that can help YPK to increase and continue its support for people with disability in Bali.

Recognition Corner

YPK Bali would like to recognize our following outstanding partners for the second quarter in 2016, and offer our gratitude for their generosity and commitment.

Inspirasia Foundation
Santo Leo Foundation
I'm an Angel
Bali International Women Association
HAN University
READE
Global Offerings
PT. Scope Global Nusantara
Bulgari Resort Bali
SMF THT - RS Sanglah
RS. Indera
RSUD Tabanan
RSUD Karangasem
BaliBello
East Bali Poverty Project
Jero Mastrining
JSR School Australia
Sunrise School Bali
Surfer Girl Bali
Myarti Erika Gabrielle
Noviyanthi
Zanzibar Bali
Anita Puspita Sari
Lisa Ismiandewi
Karen Kaplan
Kadek Januarsa Adi Sudharma



For more information:

YPK BALI

Annika Linden Centre

Jl. Bakung 19 – Br. Tohpati – Denpasar, Bali 80237 Indonesia

Phone: +62 361 462431 | info@ypkbali.org | ypkbali.org

Opening hours

Monday – Friday 8.00 am – 3.30 pm | Saturday 8.00 am – 1.00 pm



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