



YPK BALI

Rehabilitation for Physically Disabled

Yayasan Peduli Kemanusiaan Bali - Bali Humanity Care Foundation

Newsletter

July - September 2012

Introduction

Dear friends and family of YPK.

Thank you for your ongoing interest in our work. We're continuing to work hard across all our programs to serve Balinese people with disabilities.

Below are some of our highlights from July, August and September 2012. We hope you find it interesting. You can find more information about our work and how to support it on our website and Facebook page. If you would like to unsubscribe from YPK information, or know someone who would like to begin receiving news from YPK, please email info@ypkbali.org

From the YPK Bali team

A new program

On July 7, 2012 an MOU between BaliHears and YPK Bali signed and is official. BaliHears is now one of YPK's programs and changed its name to BaliRungu. The staff will be based at SLBB (school for the deaf) Jimbaran and works at YPK office once a week on Mondays. Hopefully it'll be a good start for YPK to help more people from a broader area. All administrative issues with the local third party will be renewed in the near future.

During these three months, YPK-BaliRungu in cooperation with East Bali Poverty Project (EBPP) provided ENT checkups for the community at Ban village. The staff of the Health bureau, resident doctors, and an audiology student from Jakarta also supported this event. Through cooperation with EBPP, we aim to help more people, especially in terms of their health, and forge a relationship between YPK, other foundations, local communities and government bureaus.

Ear examinations for the Elderly

BaliRungu visited Werdha Sejahtera Foundation (WSF) in Ubud to conduct ear examinations on 25 elderly people. Two of them had presbycusis or hearing loss due to aging and these patients got free hearing aids that were provided on their second visit. Hopefully, this improved their communication with their family, friends and community.

BaliRungu held an ENT examination for all YPK's patients and their family.

The aim of this activity was not only to introduce and familiarize BaliRungu as the new program in YPK, but also benefit adult patients, who found out their hearing level, and children patients, who had their hearing loss detected.

Workshop on Rehabilitation

To provide the right information about HIV-AIDS and stroke for stroke patients and families, YPK held a workshop with two topics "Two Highlighted Diseases As the Most Public Issues".

They were conducted by Dr. Tony, Dr. Yohanes and Ms. Frenny Damian. The aim of the workshop was to educate them of the symptoms and preventions, particularly for stroke.



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Autism Center

YPK Bali primarily focuses on serving people with physical disabilities but some of the patients who visit us both physical disabilities as well as others such as autism and hyperactivity. Fortunately, YPK got a chance to learn about autism with Karen Kaplan, an autism expert from California.

During her visit, Karen and YPK visited the autism center owned

by Denpasar government and conducted a brief workshop and discussion about autism, hyperactivity and down syndrome to its teachers, staff and parents. This Secretary of Denpasar City was also present. Through these activities YPK gained a better understanding on educating autistic children and strengthening relationships and networks with other centers.



John Septimus Roe's 3rd visit

This month, the children of YPK's Education Program got a chance to learn English with Ashley, a John Septimus Roe (JSR) Community School graduate from Perth, Australia. She spent 5 days volunteering as a teacher in the Education Pro-

gram. The children were very excited but nervous when they tried to speak English. Bagia and Mega were selected to join the group that later visited Bali Safari and Marine Park with student and teachers from JSR.

“ Since she began attending YPK, she has made great progress with her education and improved her independence

In search for more people

YPK continued to work with the Public Health Center (Puskesmas). This month we worked with the Public Health center III North Denpasar. Visits from house to house were done by YPK and a nurse from The Public Health center who conducted the first assessment and got an idea about their home and family's condition. We found that some chil-

dren really needed physiotherapy and education. Hopefully through this co-operation, YPK can help more people with disabilities.

Based on information from Puskesmas II East Denpasar, YPK visited some patients with severe conditions such as skin disorders. Now they are in the process of receiving therapy.

School for the Deaf (SLB-B)

YPK solid relationships with several centers and schools that provide services for children with special needs. One of them is with the national school for the deaf (SLB-B) at Jimbaran. Pak Pur visited them to explain the current status of the

BaliRungu program (formerly Bali-Hears). He was also invited as a guest speaker in the national child day celebration with Mr. Latra from Yakkum to share his thoughts about the program and facilities for the children.



Kite surfing for the 1st time

Bali Sport Foundation (BSF) invited YPK's children to see the Kite Surfing competitions on Hot Air 2012 at Semawang beach – Sanur.

Many participants from several countries around the world also attended. The children were overjoyed because this was the first time

they watched kite surfing. The children also learned to socialize with their new environment and strengthened friendships between them and BSF's tutors.

We would like to thank BSF for their basic food donations that were distributed to the patients.

A Community Health Event

We provided free general medical examination, ENT, physiotherapy and occupational therapy to Taman Village community. We also provided medicine, nutritious food and referred some people to suitable public health services or hospitals. This event was held on Saturday, July 21, 2012 at the village hall.

This activity was happily supported by the Village officials, Dr. Tony Gozal of the PDK team and the students of the medical faculty through the Medical Assistance Workers (TBM) Udayana University.

Through the co-operation with Puskesmas, YPK increasingly found and helped people who needed psychotherapy services. This month,

YPK provided physiotherapy services and hearing checks for the elderly at Banjar Lelangon in North Denpasar. YPK also visited disabled people at Bale Banjar who couldn't reach our services.

In collaboration with the Public Health Center (Puskemas III North Denpasar), YPK provided medical examinations including hearing checks by BaliRungu and physiotherapy services by YPK's therapists.

Fortunately, two doctors from PGPKT (Regional Committee for Hearing Loss and Deafness Prevention) supported this activity so many patients who had waited for medical treatment could be attended quickly.



Bedugul Outing

All current YPK patients and their family (127 people) enjoyed an outing at Bedugul Botanical Garden in Tabanan. They had a terrific time as they enjoyed a variety of games that aimed to build togetherness and teamwork among the staff, patients and their families. Fortunately, psychologist

Ms. Deborah lead us with a dance therapy that helped create harmony between the body and emotions as well as increase confidence and relationship between patients and their family.

We ended the day with a joyous celebration of Mega and Bagia's birthdays.

Independence for All

YPK Bali celebrated the 67th Independence Day of The Republic of Indonesia by conducting various competitions initiated by YPK's children, like a cracker eating contest, makeup, singing and dancing. This event was also attended by BSF representative Mrs. Ayu and singer Mrs. Sarah R. B, who will be volunteering at YPK.

In addition to the celebration, YPK also educated the children on freedom and independence – the freedom of expression and the freedom to learn and get along with everyone.

We would like to gratefully thank all supporters of this event as well as Ripcurl Bali and BSF that provided souvenirs for the children.



Improving Skills with Gait Training

YPK's therapists had a great opportunity to develop their knowledge and skills through a workshop given by Sean, a psychotherapist from Australia.

With these newly acquired skill set, YPK's therapists can further improve its knowledge and skills, which in turn will provide better services for patients.

Volunteer News

Occupational therapist Sharon Cates has assisted us for 2 years at YPK Bali and this month she finished her assignment and returned to Adelaide, Australia. We would like to sincerely thank her for her generous support, especially for improving our resident therapists' skills and giving us the innovative therapy that is the successful mobile clinic and daily living skill.

Our two new volunteers, Leila is from the Australian AVID volunteer program, who will serve as a Curriculum Development Officer and teacher for special needs for a year.

Also, Carlien den Uil, a volunteer from Holland, will help YPK's therapists develop their skills, methods and therapy service system for 3 months.

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How you can help

Are you visiting Bali or do you live here already? Donating items from YPK Bali's wish list is an easy and effective way to support our work with people with disabilities in Bali.

Wish list items range from simple and cheap rehabilitation equipment

like splints and braces to more expensive and involved items. All of them enable us to provide higher quality services for the people.

To those who are overseas, we welcome financial donations for particular items on the wishlist. You can take a look on our website.

Staff profile: Ni Wayan Ari Purwati

Ari is YPK's Education Coordinator. She has passion for working with children and is glad to be working with YPK.

She loves to introduce and teach

children about Balinese traditional culture.

She also enjoys the challenge of providing modified education that is practical, creative and fun.

Patient story: Mr. Junaedy's Story

Mr. Junaedi had weak balance and vertigo. The first time he came to YPK, he was very dependent on his wheelchair but after three weeks of following muscle-strengthening, therapy and balance, he was able

to finally walk independently.

Now, Mr. Junaedi is hoping for hearing aid because his hearing was disrupted due to his vertigo.

Through the BaliRungu program, we can treat him soon.

