



YPK Newsletter Vol. III July – September 2016

The YPK Bali Team

An Integrated Supports

YPK Bali was established in 2001 as a response to the urgent need of therapy for people with disability who are unable to access formal health care facilities. Since its inception, YPK Bali has committed to not only delivering therapeutic support through physiotherapy, but also by providing social, psychological and emotional supports for all of our clients and their families.

Each of YPK's programs provides a range of amenities, activities and training opportunities to develop new and existing skills. In our rehabilitation place at the Annika Linden Centre, we create an environment that encourages personal development, confidence and independence, and clients are encouraged to take part in a wide range of social and daily life activities including passive and active exercises, daily living class, cooking class, garden activities, music and playground activities.

All of our staff continuously involve friends and families of our clients into the therapeutic sessions. We believe that social, psychological and emotional support from friends and families will bring a huge impact on the clients' wellbeing. These supports can include the communication and encouragement to do outdoor activities or helps in building new friendships. Understanding the way people with disabilities communicate will avoid that person from frustration and stress. Through our rehabilitation supports, we also motivate our clients to get involved in new activities and experiences both at home or at our centre. Our integrated supports will help the clients to build self-esteem and confidence in their abilities.

In this edition of YPK's Newsletter, you will enjoy stories and news on how our integrated supports have brought life changing moments for clients and their families and friends.

Purnawan Budisetia – Founder and Director

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THIS MONTH ISSUE

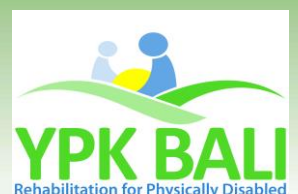
>> *Inspirational Story from Mr. Ketut and his son* P. 2

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>> *Check out our beautiful gallery.* P.5

Photo of one of our children client during therapy session.



A Proud Daddy....

For Mr. Ketut, cerebral palsy, which has been afflicted his son, Edi, has dramatically changed his life. The first time he noticed that Edi could not walk and play like his friends, Mr. Ketut was very depressed. He tried various methodologies, both medical and non-medical procedures with an expectation that his son could be cured. However, all of them did not give any results. In fact, it all only focused on curing Edi's physical problem, which made him afraid and refused to take any treatment. The financial constrain of these treatments also resulted in Mr. Ketut being forced to stop trying as he could not afford anymore treatments for his son.

On 9 September 2014, Bunga Bali Foundation brought Edi to YPK Rehabilitation Centre.



Since then, Edi started to receive supports both from the Rehabilitation and the Education Unit. In the Rehabilitation Unit, our physiotherapists have not only delivered physical treatment for Edi, but also educated Edi's father that Cerebral Palsy can be managed, but not cured. Edi needs more than just physical treatment. He also needs social and emotional supports to help him cope with his current and future challenges.

In YPK Bali, Edi has been given a lot of opportunities to learn to improve his communication skill, social skills, and life skills. Mr. Ketut is very content seeing his beloved son finally making friends, enjoying learning, and highly motivated. He has also become more cheerful. Slowly, Edi has also showed other significant progresses. He is now able to walk using his walker. Whereas before he had to be carried by his father.



His father's encouragement has been a huge motivation and given Edi lots of confidence. All opportunities to learn and practice have also been supported by this development. Edi is now ready to reach another achievement for a brighter future.

YPK Bali has a volunteer opportunity that will enable you to be a part of our programs that support the rural community.

To find out more about this volunteer program please contact us at info@ypkbali.org

Additionally, you can visit us at the Annika Linden Centre to see first-hand what we do, who our clients are, and how you may be able to assist them.

Our opening hour 8.00 am-3.30 pm (Monday-Friday) & 8.00 am-1.00 pm (Saturday)

Science for All

Science and everyday life cannot and should not be separated – Rosalind Franklin



Science is one of the lessons that might be intimidating for students or even fun. In YPK Education Program, we agree that science is for all, including our students who have physical disabilities. Our teachers ensure that science is taught as a reality for our students. It is meant that the topics and materials should be related to the lives of the students and help them learn about the physical environment; help them develop language skills and social behaviors.



Ten students from Mawar Group were enthusiastically discovered to do experiments with science. Our teachers have involved them to “Make Your Own Stethoscope and Check Your Heart Rate” project. This project has brought so much fun and benefits. It has allowed students to find their heart with their hands by feeling where it beats in their chests, to practice their listening skill, to work in a group by being quiet while others are listening.

There were many activities that have been carried out to promote student’s curiosity, creativity and self-esteem. All of them were taught by accommodating the student’s needs and abilities as well as ensure those are building confidence and bringing fun for our students.

Did You Know?



Early interventions bring huge impact for a child with physical disability and the family

YPK Bali supports both children and adult with physical disabilities. Our youngest client is attained the age of one year old. Our young clients receive early intervention service that help them to learn many key skills and catch up in their development. Through early intervention, family will also be assisted to understand the disability condition and to create a supportive and positive environment for all family member which will lead to the whole family wellness and well-being.

Less than 10 Speech Therapists are available across Bali

Speech therapists are very rare in Bali and because of this, many clients who need support from speech therapist face expensive fees with limited locations. To help YPK’s clients addressing this challenge, all YPK’s physiotherapists and teachers are well-trained and equipped with basic speech therapy skills. Through training and supportive tools, our staff can provide assistances for clients and families to improve their communication using gesture and/or communication aids as needed.

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CSOM is raised as the second highest case in BaliRungu program

Chronic Suppurative Otitis Media (CSOM) is in the second highest case that we found during our Ear, Nose, and Throat (ENT) checkup at number of schools across Bali. There were 175 cases identified in the first semester of 2016 and most of them were children. Starting in July, BaliRungu launched its new educational poster about early prevention of CSOM. By distributing this poster at schools, village centre and village public health centre, it will help people to recognize CSOM earlier and take necessary action as needed.



Bali International Women Association's

Support to Save the Balinese Children and Youth Hearing



YPK Bali hearing program named BaliRungu was started to serve the disadvantaged community in the field of hearing impairment. In the third quarter of 2016, we were very grateful to receive funding support from Bali International Women Association's (BIWA). This support has enable us to reach and help more people across Bali, focusing on children and youth.

Last July 2016, ten of BIWA's member were joined our outreach activity at SDN 4 Duda Utara – Karangasem Regency. The BIWA's member helped us providing ENT checkups for 55 students. Not only by conducting ENT

checkups by doctors, our audiologist staff also educated those students about habits that should be avoided in order to keep their ears healthy and how to clean ear in a proper way.

Meet the YPK Bali Team

YPK Bali is a small local non for profit organization based in Denpasar, Bali. In our day-to-day services for those unfortunate people of Bali, we are very lucky to be supported by our wonderful staff. YPK Bali has twenty full-time staff and 1 part-time staff. Although, they have different position and responsibilities, we remain a family who will always closely supportive of each other.



The rehabilitation team consists of:

- 1 coordinator unit, 3 physiotherapists, 1 assistant therapist, 1 general assistant and 1 driver.

The education team consists of:

- 1 coordinator unit, 2 teachers, and 1 driver

The mobile clinic team consists of:

1 coordinator unit, 1 physiotherapist, 1 driver

The BaliRungu team consists of:

- 1 audiologist

The management team consists of:

- 1 Director, 1 Director Assistant, 1 Finance Manager, 1 Junior Finance & Adm, 1 Program Coordinator, and 1 IT.

Gallery



Primary Health Care Activity

YPK Bali has reached out the North part of Bali by providing primary health care for 390 people at Bulian Village. Supported by team doctor from Indera Hospital, Karangasem Hospital, Lily Medika Drugstore and Buleleng Dentist Association as well as from our local volunteer with various background, the primary health care went well and success.



Access to Neurologist

The YPK Bali Rehabilitation Unit provided one day consultation for all of our clients who are mostly faced difficulties in accessing neurology. This activity was allowed clients and their family to get check-up as well as short session of consultation and education. As a result, they can understand better about their disability condition and how rehabilitation treatment can bring so many benefits for them.



Hearing Loss Prevention

78 elementary students from 3 different schools in Bulian Village were enthusiastically joining our educational session about hearing loss prevention.



Fun Therapy

We believe that any therapeutic activities can and should be fun for all of our children clients. Currently, we are delivering treatment for 91 children.



Indonesian Independence Day

All children were very excited during the celebration of Indonesian Independence Day at YPK Bali. They participated in various tailored design competitions that brought a lot of positivity to the children's self-esteem and confidence.



CSR at YPK Bali

YPK Bali team were very grateful receiving support from PT. Bali Nusa Windumas through their Corporate Social Responsibility (CSR) Program. Their support included financial support and in-kind donations to help our day-to-day services.

Recognition Corner

YPK Bali would like to recognize our following outstanding partners for the third quarter in 2016, and offer our gratitude for their generosity and commitment.

Inspirasia Foundation
Santo Leo Foundation
I'm an Angel
Bali International Women Association
PT. BaliNusa Windumas
HAN University
Global Offerings
PT. Scope Global Nusantara
SMF THT - RS Sanglah
RS. Indera
RSUD Tabanan
RSUD Karangasem
East Bali Poverty Project
Jero Mastrining
Surfer Girl Bali
Zanzibar Bali
Anita Puspita Sari
Lisa Ismiandewi
Karen Kaplan
Kadek Januarsa Adi Sudharma
Daren Arya Winata
I Made Rajiv



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Opening hours

Monday – Friday 8.00 am – 3.30 pm
Saturday 8.00 am – 1.00 pm



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our Newsletter

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