

The YPK Bali Team

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You have changed lives

Dear Family and Friends of YPK.

Thank you for your continuing support of YPK and our work with the disabled community of Bali. We would like to dedicate this latest edition in 2014 to all our donors, sponsors and volunteers. Your contributions are making a difference in the lives of our clients and their families, and your support helps to provide outstanding health and education programs, tools for our therapists, teachers and our social workers, and much much more. Thank you again for your support and we wish you a Merry Christmas and Happy New Year!!!

Intan

Intan Cahyanti (26) is YPK's youngest stroke survivor. She had a stroke shortly after giving birth to her first child. Her impairments post stroke meant she was no longer able to take care of the baby. She has both visual and balance difficulties. The first time she came to YPK, she was highly dependent on her husband who had become her full time carer.

Through attending the YPK rehabilitation program, Intan has made a great progress. Now, she can attend YPK and achieve most daily tasks independently. This has had a tremendous impact on her family. Her husband has returned to his work and Intan can take care of their baby.



Mega

At sixteen years old, Mega has achieved great results after joining the rehabilitation and education program at YPK Bali. Before commencing at YPK, Mega's cerebral palsy made it difficult for her to attend school and she was unable to read and write and relied on other people to be mobile. Consequently she had extremely low self-esteem.

Through being a party of YPK, Mega has transformed into a smart and cheerful Balinese girl. She can write and enjoy playing with flashcards or reading books with her friends. Her independence has also increased. She now moves around with her wheelchair and independently handles her daily personal activities.



Gung Wahyu

Gung Wahyu is one of our patients in the Mobile Clinic program in Kaba-Kaba Village-Tabanan Regency. Both of his legs are stiff due to his cerebral palsy. He had difficulties with walking and had to be carried by both of his parents whom accompanied him to school every day.

With the full encouragement and support from his parents, Gung Wahyu was extremely motivated and studious with all of the therapy sessions and with completing his home exercises. Now Gung Wahyu can stand and walk independently and the stiffness in his legs has reduced. This has resulted in increased independence and freedom both at home and school.



Gede Arya

Gede Arya lives in Bengkala Village which is known as the village of the deaf in Bali. Almost all of population in Bengkala are deaf and they are unable to communicate with other people. In last November 2014, the BaliRungu team visited Gede's village along with a team of professionals including PGPKT Bali, Sanglah Hospital and other hearing centres. The aim of the visit was to support children and youth to have access to hearing aids and to conduct audiometry and tympanometry hearing assessments

Gede is one of the Bengkala villagers who has received hearing aids from BaliRungu for his left ear. Gede has been enormously helped by the use of the hearing aid. Every Monday to Saturday he attends public school and the hearing aid has provided him with a means of communication. Gede can now hear his teacher and friends and his performances across all areas of school have improved.



The Family Fun Day

The family fun day is an annual gathering day that is organized and conducted by the students of the YPK education program. This day provides an opportunity for the children to show that they are equal just like other children in Bali. Often children with disabilities are forgotten and left out of a wide range of opportunities that are considered to be incapable of.

During the month leading up to the event, Reta (student in Melati group) successfully lead her team in designing an invitation, ordering snacks, setting up the agenda and purchasing equipment that was needed during the day. Immersed in the Balinese culture theme, the students presented various mesmerizing performances such as Janger dance and musical shows. Three students were also elected to be the best student in 2014 according their diligence, disciplines and progress.

All the parents felt extremely proud to see their children's amazing art work. Many of them were surprised and never thought that their child could do something as good as they could do. We joined with the parents in recognising the importance of having belief in the ability of the children so that they can have the opportunities to try.



Unfortunately, children with disabilities are often excluded. They often are only given the opportunity to learn just for the fulfillment of their human rights. But above anything else is that they get the opportunity to demonstrate their learning outcomes that can really contribute in the community. That is the main reason YPK host the annual family fun day and we hope to have another fun day again next year.

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Learning to Cook Chocolate Cakes

Who doesn't like chocolate cake? Everyone loves it and so do the children at YPK. They were very lucky to cook their own chocolate cake and decorate it with delicious chocolate sprinkles. This occurred during cooking class last November with Ibu Jacky. Ibu Jacky and her husband are friends and supporters of YPK who has been generously donating their time to cook with YPK's students.

It wasn't only about cooking and fun, but also an amazing learning process for Komang Ayu and friends. They were counting how many spoons of flour or sugar that they need to put in, they were learning how to break the eggs, they were recognizing the structure of good dough as well as knowing how to check the cake after it came out from the oven. Thank You Ibu Jacky for this wonderful time. Everyone loved their cake and enjoyed your lunch very much.



Promoting Oral Health

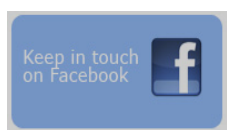
All of the children that attend YPK were invited to a dental and oral health education session at YPK Bali Rehabilitation Centre. This is one of our efforts to promote oral health which is often difficulty for children with cerebral palsy. Children with Cerebral Palsy often have difficulties with opening their mouths, chewing and swallowing their food and drink which often lead to serious dental and oral diseases. YPK invited two dentists to teach the children and their parents about how and when to brush their teeth correctly to prevent oral disease, in particularly preventing cavities (which are the most prevalent chronic disease of childhood). These doctors not only educated the children and parents, but also checked their oral health and assessed for undiagnosed oral disease.



Firmer Collaboration, Wider Services

In collaboration with the Social Department of the Badung regency, the YPK mobile clinic team visited many people with disabilities through a program named “Unit Pelayanan Social Keliling” (UPSK) or Mobile Unit for Social Services. In seven days, along with other disability organisations, YPK provided initial assessments at the client's house while providing ideas and assistances required to support the family and client to having a better access to formal health.

There were 121 people with disabilities seen which consisted of 8 people with vision impairment, 27 people with hearing impairment, 26 people with a mental disability and 60 people with a physical disability. Another collaboration, with the Public Health Centre in Denpasar and the Health Department of Denpasar City was also conducted to deliver services to the wider community. Together, we offered integrated medical check-ups with YPK focusing on preventing disability and helping communities to better understand their physical challenges.



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Opening Access to an Audiologist

Availability of audiologists is extremely rare in Bali and because of this, many high priority children with hearing impairments do not have their hearing screened or their hearing aids checked. BaliRungu has recognised this situation and launched a special audiometric examination support program for children in special schools in Bali. This program will increase the awareness of those students who need to maintain the health of their ears. Our audiologist will also provide hearing aid checks to ensure that they are continually maintained so that the benefits of hearing aids are optimal and can be used for a longer period of time.

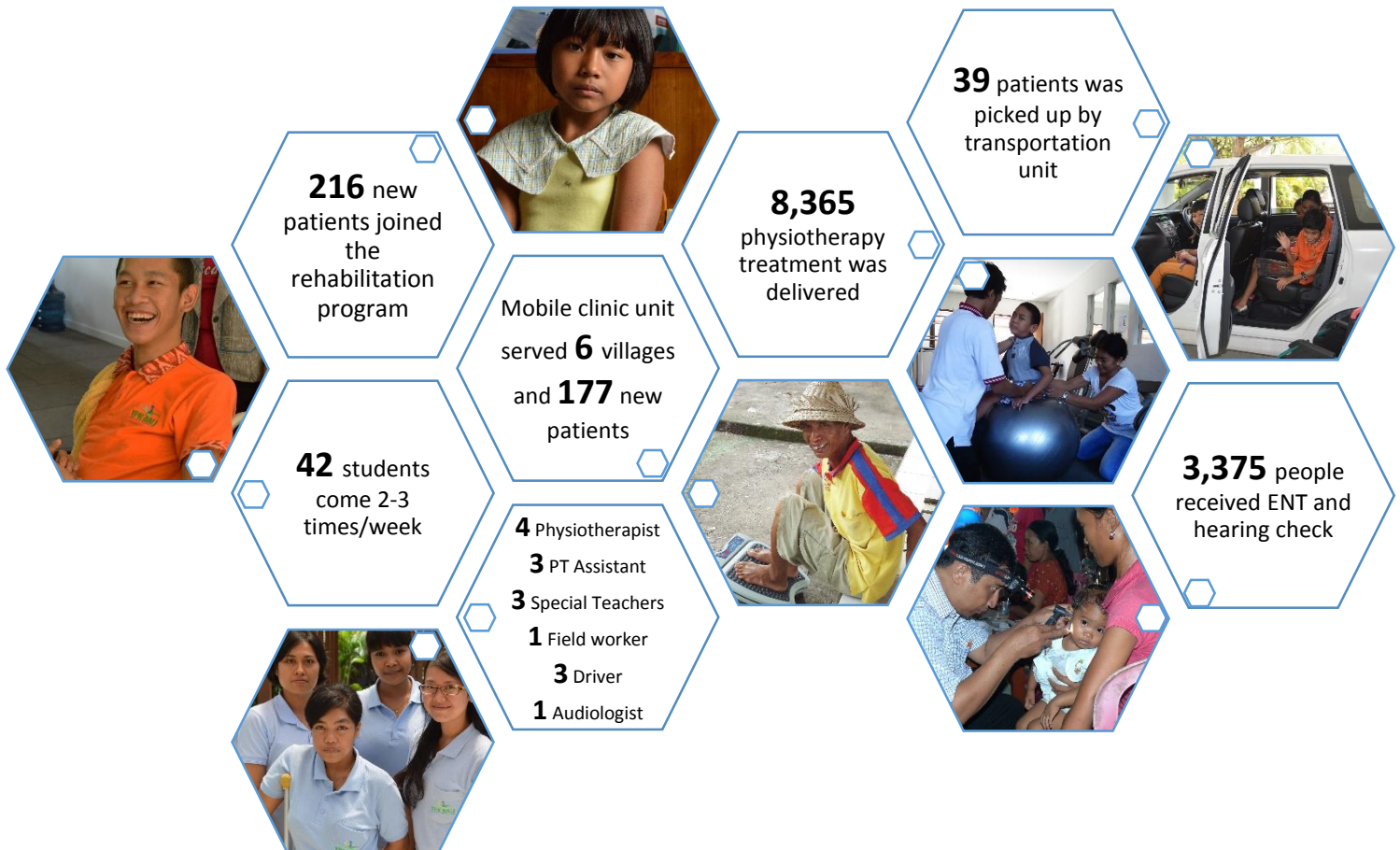


BISINDO Training for Families

BaliRungu provided an initial training on how to communicate with deaf children in Indonesia using Sign Language (BISINDO). This session was provided to BaliRungu clients and their families and was conducted at the YPK Bali Rehabilitation Center. BaliRungu hopes that this training will encourage each family member to help support the communication development of a deaf child, through the use of basic sign language. Through this training the BaliRungu clients were taught to be able to communicate using the pronunciation of words combined with BISINDO. This activity was supported by the Bali Deaf Community, who acted as volunteer sign language teachers.



2014 Number



The Testimonials

We do love collaboration! We believe that as a non-for profit organisation, collaboration create a bigger and better impact for the community. We collaborate with various parties, both individually and organisationally to support the services we offer to the poor who have a disability and the future development of our programs which extends to help more of Bali's most disadvantaged people.

These collaboration have changed hundreds of people's life!



Throughout our six years of grants to YPK, the leadership team has shown itself to be exceptional, dedicated, and show a consistent passion for improvement, refinement, and constantly making YPK better at what it does. Today, YPK is a leader and role model in non-profit rehabilitation therapy and combined education to help families with disabilities achieve their dreams and live to their fullest potential. We look forward to watching YPK continue to grow and evolve as it reaches more families and continues bringing knowledge to fellow disability yayasans in Bali and beyond.

Joseph De Wolk – President Director of Inspirasia Foundation



I feel so privileged to have had the opportunity these past 3 years to work with the caring and committed teachers and staff at YPK. As a consultant the best gift you can be given is a group of young professionals who want to make a difference in the lives of people with challenges. The team at YPK is open to learning, able to take suggestions and create and implement activities that enrich the lives of the youth and adults they support. I have never felt more welcomed and valued in my collaboration.

Karen Kaplan - Special Education Consultant & Executive Director Offerings nonprofit of California



For the past 4 years, I have had the wonderful opportunity to work with YPK staff, students and patients through the Australian Volunteers for International Development Program to help to develop and strengthen YPK programs for people with disabilities. During my time at YPK, I collaborated with the therapy and teaching staff to build their capacity to provide rehabilitation and education services. The skills, resilience, dedication and compassion of the YPK team were a constant inspiration. Through working with YPK, I have learnt a lot about developing services for people with disabilities, and I have also made some wonderful friendships and had a lot of fun! I have now returned to Australia but I feel very proud to have had the opportunity to work with such a great team and I hope to find a way to continue to collaborate with them in the future. Wishing YPK lots of success in continuing their important work.

Sharon Cates - Australian Occupational Therapist



It's a good opportunity for me to be a part of this humanity project. It was an eye opener for me to see many people in need around Bali. I am so grateful to be able to reach and help them. Hopefully we can work together again in the near future. Thank you!

dr. Marselinus Sylvester –Sanglah Hospital



It was really a good experience for me, I am so happy with Surfer Girl CSR, I have had a chance to help people who need health care and also get involved in this social activities. Thank you YPK!

Dina – Volunteer through Surfer Girl Bali CSR Program

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Opening hours

Monday-Friday 8am-3.30pm

Saturday 8am-1pm

How you can help

Are you visiting Bali or do you live here already? Donation is an easy and effective way to support our work with people with disabilities in Bali.

We are grateful to receive financial donations as well as contributions of goods and services.

For more information about how you can support YPK please contact us at info@ypkbali.org or visit our website at www.ypkbali.org