



YPK BALI

Rehabilitation for Physically Disabled

Yayasan Peduli Kemanusiaan Bali - Bali Humanity Care Foundation

Newsletter

September - December 2010

Introduction

Dear friends and family of YPK.

Thank you for continuing to support YPK and our work with the disabled community in Bali. We always welcome visitors so if you'd like to visit please email us at info@ypkbali.org

Here are the highlights for the past few months at YPK.

From the YPK Bali team

Children's Education Program

Five new students joined us between September to December. Meet Jelita, Ayu, Ngurah, Made and Agustini.

In November a dentist visited YPK and examined the children's teeth. The results were mostly positive and the children and their parents benefited from the dentist's advice on how to properly care for young teeth. Some children require follow up dental work to fix cavities.

A review of the Education Program was held in December, with

14 parents, to collect feedback on how the program is meeting the needs of the children and their families.

From this review, a number of areas were highlighted for development including: help with handling children's complex emotional needs, increasing the number of hours children spend at YPK's education program, improving the student/teacher ratio, and the need for speech therapy to improve communication and concentration.

Mobile Therapy Program

The Mobile Therapy Program continued to visit Blahbatuh twice a week. YPK volunteer occupational therapist Sharon and YPK therapy assistant Dewi, visited a number of patients' homes in Blahbatuh to give advice on small improvements to make home life easier. For example, at Wayan Purnawan's house, a rail was fitted in his bedroom to help him sit and stand. Some modifications to the bathroom were also recommended to improve safety.

In September YPK met with the Head of Social Services, Gianyar, about the Mobile Therapy Program.

They were very welcoming of the program and, together with the Head of Disability Services and the vice chairman of the Forum for Families with Disabled Children, visited one session of the program to meet patients and YPK staff.

Nyoman Mujana, a 30 year old patient with paralysis from the waist down, was taken to specialist medical appointments. He needed urgent attention for a large pressure sore and associated kidney problems. YPK is working with him and his family to address his medical and therapy needs.



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Daily Living classes

To increase stroke patients' independence in daily activities, YPK began a program of Daily Living Classes in October. Patients have learned how to prepare food and cook using modified kitchen utensils. They have also learned how to dress

using assistive devices and new techniques. We hope that this will lead to improved nutrition and confidence in our patients as they increase their independence. Thanks to Sharon for initiating the program and training YPK staff and patients.

Taman Safari outing

On October 30 a group of 120 people, including 63 patients and their families, went to Bali Safari and Marine Park. Though logistically challenging, the outing provided a much-needed morale boost to our patients and was a positive time for families to get to know each other better.

“ YPK hosted a seminar by Club Sehat to educate stroke patients. Many were not aware of the risks associated with some of the foods they eat.

Health education seminars

To improve knowledge about healthy food, especially for stroke patients, YPK hosted a seminar by Club Sehat (Health Club) to educate stroke patients about the links between diet and health. Many patients were not aware of the risks associated with some of the foods they eat and found this visit valuable.

YPK's physiotherapy assistant at-

tended a seminar on clubfoot hosted by Hi5 Foundation in Lovina in October.

The seminar provided education and training on how to assess and properly treat the deformity involving one or both foot. The Hi5 physiotherapist has offered to continue supporting YPK staff, for which we're very grateful.

International Day fun

To mark the International Day for People with Disabilities on December 3, YPK hosted a fun morning with our children's education program and their parents. The children coloured-in calico bags with fabric paint and the finished artworks were judged by the parents.



Christmas at the Grand Hyatt Hotel

Eight of YPK's children aged 5-10 years attended a Christmas lunch celebration hosted by the Rotary Club of Nusa Dua along with some orphans and other disadvantaged children. They enjoyed the cheerful atmosphere, food and games.

ALF boosts funds for YPK



Mark Weingard, Founder of the Annika Linden Foundation (ALF), along with a group of guests, visited YPK in October. Mark announced an increase in funding for YPK in 2011. YPK will use the extra funds to expand the children's education and mobile therapy programs. Please visit www.alfoundation.org to find out more about ALF's work in Indonesia and around the world.



New vehicle

In November ALF & YKIP presented YPK with a leased Avanza car for transporting our children. We are very grateful for their assistance because we can now provide 50 'pick-ups' per week across a wide area including Denpasar, Badung, Tabanan and Gianyar. Matt Thorpe, from ALF, and Rucina Ballinger, from YKIP, presented Pak Purnawan with the keys.



Songs for Peace Charity Concert

In October a concert was held to raise funds and awareness of YPK's work and the needs of people with physical disabilities in Bali. Lippo Village Children's Choir performed alongside the Suzuki Violin Association. YPK's children also sang. The event raised IDR7.36 million

which will go toward funding some of Nyoman Mujana's medical costs and running YPK's mobile therapy program. YPK is grateful for the support of all those who performed, their friends and families, and the Baithani Church in Denpasar who hosted the wonderful event.

Donation from Perth Australia

A big thanks to Mrs Cheryl Gudiman and the students at John Septimus Roe school in Perth who raised AUD300 for YPK. We were very pleased to receive the funds when she visited YPK in December. To thank the students for their

fundraising, YPK's children sent friendship bracelets back to Perth with Mrs Gudiman.

Thanks to Ratu Rosari Sector of Cathedral Church for the donation of a Christmas tree which brightened the YPK office during December.



Lizzy and Sharon

Farewell Lizzy & Sharon

In October we said goodbye to VIDA volunteer Physiotherapist Lizzy Northcott who, after 18 months at YPK, headed home to Australia. Then in early December we farewelled VIDA volunteer Occupational Therapist, Sharon Cates.

We are grateful for Lizzy and Sharon's huge contributions to YPK's programs and for their friendship.

You will be missed by YPK staff and patients. Please come and visit us soon!