YPK BALI
Rehabilitation for Physically Disabled



ypkbali.org

2025 ANNUAL REPORT

Yayasan Peduli Kemanusiaan Bali



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Bringing care closer *to those who need it most.*

Amid the challenges of 2025, YPK Bali remained committed to serving people with disabilities by expanding it's service reach. This is achieved through our programs to support previously underserved communities.



EXECUTIVE SUMMARY

When we work together, we do not just change lives - we change what is possible.

The year 2025 was a journey of reaching further, caring more, and restoring hope where it was once fading. Across under-serviced communities in Bali, YPK Bali brought essential services closer to those who need them most. Through our rehabilitation and mobile therapy programs, we supported 259 children with disabilities and 193 adults with functional challenges, restoring not only physical abilities, but also confidence, independence, and dignity. In total, YPK Bali reached 7 villages arround Bali and delivered 23,525 therapy services, ensuring that distance does not define access to care.

We strengthened inclusive education through community learning and awareness programs, and also introduced a new creative painting class using a blowing technique an approach that allows children of all abilities to express themselves. Throughout the year, these artworks were proudly exhibited in several public spaces, celebrating not only creativity, but also confidence, visibility and inclusion.

We also walked alongside families. Mothers were empowered through skills training such as sewing, creating new opportunities for income and resilience. Meaningfully, this training was led by a parent of a YPK Bali child who is also living with a disability turning lived experience into strength for others. Indeed, the services provided to adults with disabilities included rehabilitation from an accidents and a cerebral aneurysm (stroke).

Through the BaliRungu program, 6,206 children received ear and hearing care, opening new pathways for learning, communication and connection.

As we approach 25 years services in 2026, we remember that our work has never been about numbers. We continue this journey with one purpose and that is to open more paths for those still unseen. Beyond every figure are real lives still waiting for opportunity, families holding onto tomorrow, and possibilities yet to be realised.

Let YPK Bali be the reason to help change their story — together.



ABOUT US

Yayasan Peduli Kemanusiaan Bali (YPK Bali) is a non-profit organisation established in 2001 by the late Purnawan Budisetia and dr. Jonathan Mulia. YPK Bali focuses on improving the quality of life of people with physical disabilities through inclusive and sustainable health and education services.

WHO WE ARE

YPK Bali is committed to upholding professionalism, inclusivity, and transparent governance to deliver impactful and sustainable services. The organisation aims to contribute to a more inclusive society for people with physical disabilities across Bali.

WHAT WE DO

YPK Bali runs four main programs:

- Rehabilitation: Providing therapeutic services to enhance motoric function and independence.
- Informal Education: Offering learning opportunities for those without access to formal schooling.
- Mobile Clinic: Reaching individuals in remote areas who cannot visit the Denpasar centre.
- Balirungu: Delivering ENT health services and hearing-loss prevention for students in rural schools.

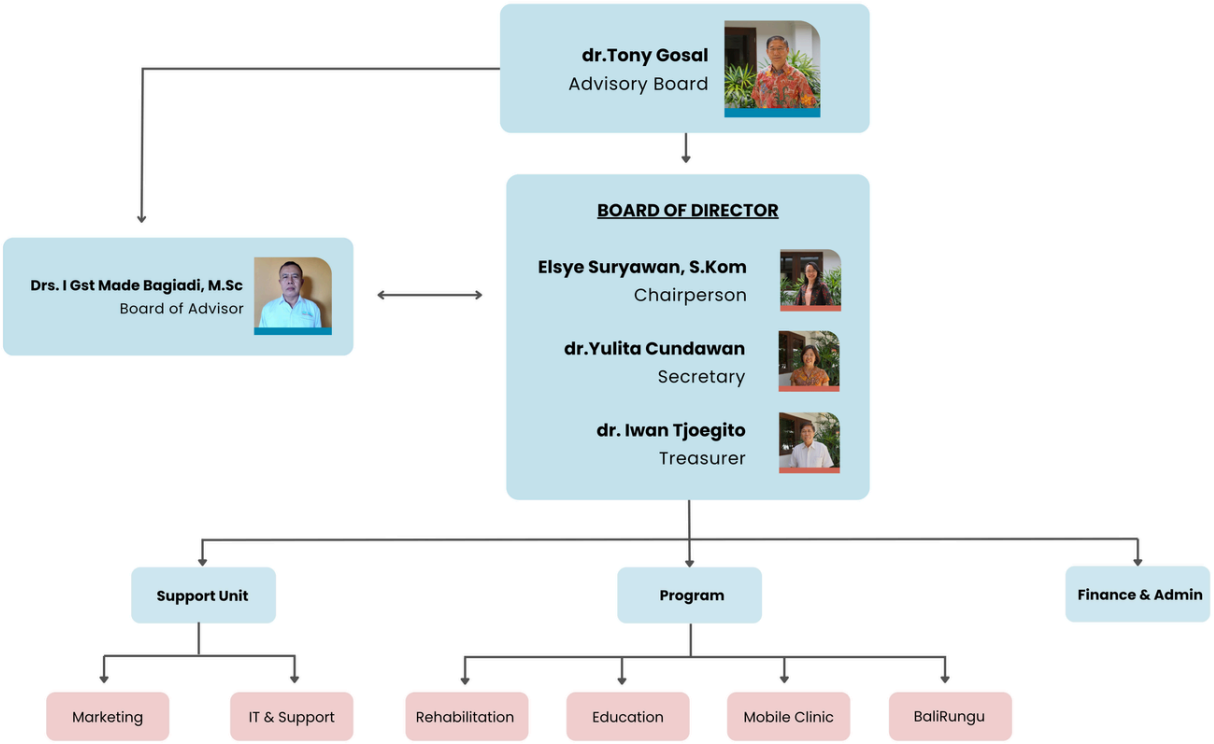
WHERE WE ARE LOCATED

YPK Bali is located at the Annika Linden Centre in Denpasar, Bali, a dedicated rehabilitation facility catering to local non-profit organisations and people with physical disabilities throughout Bali through outreach programs.



Organisational Structure

YAYASAN PEDULI KEMANUSIAAN BALI



Our Vision

Improving quality of life of people with disabilities in Bali

Mission

Support efforts to restore the social functions of people with disabilities through caring, affordable and professional rehabilitation.

Supporting people with disabilities to develop their potential through physical and social rehabilitation.

Empowering the potential of persons with disabilities, families and communities through the development of creative innovative programs as a preventive effort.



CHAIRPERSON'S MESSAGES

As we reflect on the journey of 2025, I am filled with deep gratitude and humility. This year has reminded us that the work of YPK Bali is not carried out by one, but by many hearts moving together with the same purpose to ensure that every child and adult, is seen, valued, and able to thrive.

To our donors, thank you for believing in our mission. Your support is not only a contribution — it is hope in action, reaching children and families who need it most. To our Board Members, Volunteers, Team, and Partners, thank you for your dedication, compassion, and unwavering commitment. Your presence brings life to our work in ways that cannot be measured, but which are deeply felt in every step forward we take.

Throughout 2025, we have seen moments that remind us why we continue: a child taking their first step, a parent finding strength again, and a community beginning to embrace inclusion with open hearts. These moments may seem small, but they carry the power to transform futures.

As we look ahead to 2026, we approach a meaningful milestone of 25 years of YPK Bali. A journey built on compassion, resilience, and the belief that every person deserves dignity, inclusion and hope. This milestone is not only a celebration of the past, but also a call for the future, because there are still many waiting to be reached, and many stories yet to be rewritten.

I warmly invite you to continue walking this journey with us. Together, let us expand our impact, expand our reach, and ensure that no one is left behind.
"In every act of care, there is a quiet power to change a life."

With heartfelt gratitude,

Elsye Suryawan
Chairperson, YPK Bali

STORY OF CHANGES



Walking Towards Independence

Hanan, 5 years old, joined YPK Bali in December 2023. At that time, he was still unable to walk independently and required a walking aid to move around.

After more than a year of consistent therapy, Hanan is now able to walk on his own from the parking area to the therapy room. A remarkable milestone that reflects the power of patience and progress.

Throughout every session, Hanan has been lovingly accompanied by his dedicated mother, whose unwavering support has played a vital role in his journey. Family encouragement has truly been an essential part of every step Hanan takes forward.

2025 HIGHLIGHTS

Expanding Access...Strengthening Care













INCLUSIVE EDUCATION THROUGH THERAPEUTIC ACTIVITIES

Delivery of Blow Painting and Djembe Stick as informal educational programs that combine learning and therapy, supporting children with physical disabilities through play and engagement.

CAPACITY BUILDING & LEARNING

Continuous professional development through the Knowledge Refreshment program, strengthening staff competencies and reinforcing evidence-based physiotherapy practice.

EXPANSION OF SERVICE OUTREACH

Extension of mobile physiotherapy services into three new regions during 2025, improving access to essential physiotherapy services for wider communities.

NEW PARTNERSHIPS

Established around new strategic partnerships in 2025, supporting YPK Bali's service delivery and broadening community impact.

2025 HIGHLIGHTS

Recognition of Valued Partnership



VASUDHAIVA KUTUMBAKAM AWARD

Presented by the City of Denpasar Government. In recognition of active support for Disability Day & Solidarity Day 2025.



INAUGURATION OF THE DISABILITY SERVICE UNIT FOR DISASTER MANAGEMENT

At the Regional Disaster Management Agency (BPBD) of Bali Province, with the Chairperson of YPK Bali appointed as Head of the Disability Service Unit.



HATI INDONESIA INSTALLATION ANNIVERSARY AT UID BALI

Ibu Elsye shared insights on disability and inclusion, while children joined doll making activities and parents participated in a reflection workshop with their eyes covered.



CELEBRATING TALENT, CREATING OPPORTUNITY

The artworks of YPK Bali children were nominated in the Young Artist Style competition organised by Neka Art Museum and were subsequently exhibited at the House of Arie Smit, Ubud, from August to September 2025.



THINK PACIFIC APPRECIATION GATHERING, GIANYAR

YPK Bali was acknowledged as one of the partner organisations for its active support and collaboration.



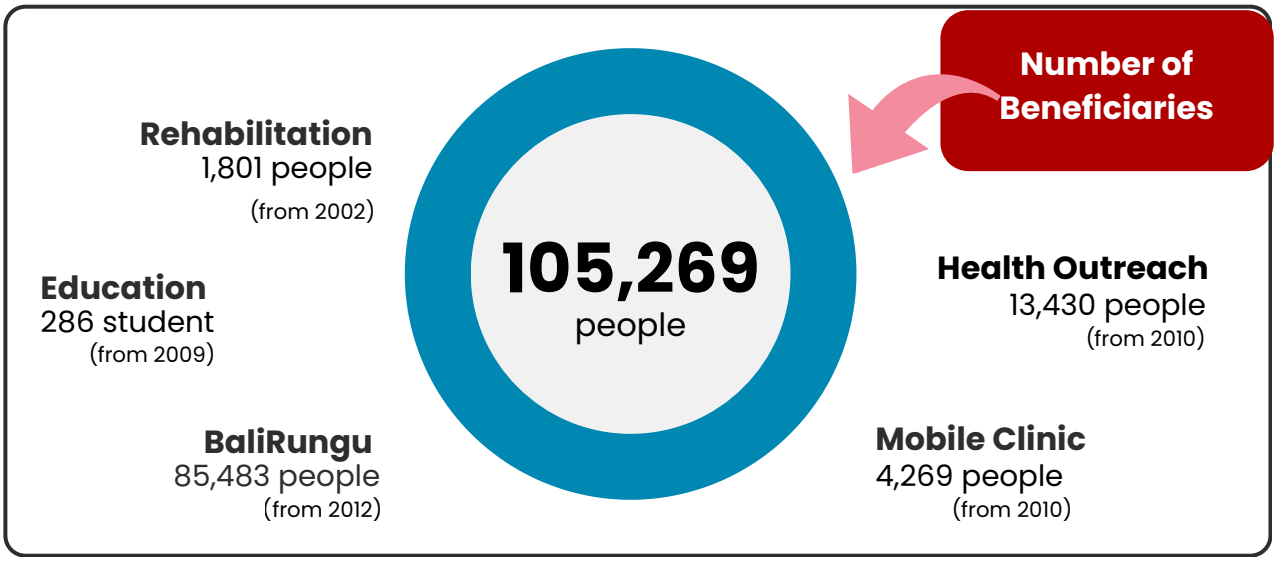
3RD PLACE IN STORYTELLING

Putu was awarded 3rd place in a storytelling competition organised by the Denpasar City Social Services Office to commemorate National Children's Day 2025.

KEY STATISTICS – YPK BALI UNTIL 2025

Highlights

YPK Bali has supported over 105,000 beneficiaries in Bali, providing therapy services to an average of 46 clients per day throughout the year, while continuously developing integrated and innovative programs to enhance community well-being.



Improvement in Health / Independence



of service users demonstrated improved motor function and independence after participating in rehabilitation program.

Number of Active Programs

- Rehabilitation
- Education
- Mobile Clinic
- BaliRungu

Service Areas



Through the Rehabilitation, Mobile Clinic and BaliRungu programs, ***YPK Bali reached 8 regencies across Bali and one municipality (Denpasar),*** *including remote areas. This is achieved by providing mobile physiotherapy, hearing health services, and deafness prevention education for children and communities.*


Keep walking until you
reach the finish line

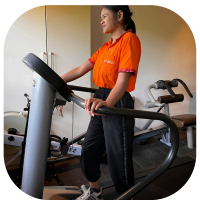
Rehabilitation Program

The Rehabilitation program is delivered through an integrated and collaborative service approach with communities and local partners. Services are provided to people with physical disabilities to improve their mobility and independence through physiotherapy, occupational therapy, gym exercise, gardening therapy, virtual reality (VR) and hydrotherapy.

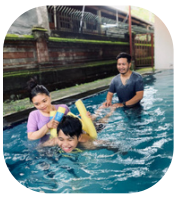
Rehabilitation Service Activities

- ACTIVE EXERCISES
- PASSIVE EXERCISES
- OT CLASSES
- GYM CLASSES









- GARDEN THERAPY
- VIRTUAL REALITY (VR)
- HYDROTHERAPY
- HOME VISITS
- ONLINE SESSIONS

Client Demographic

30% Adults

70% Childrens

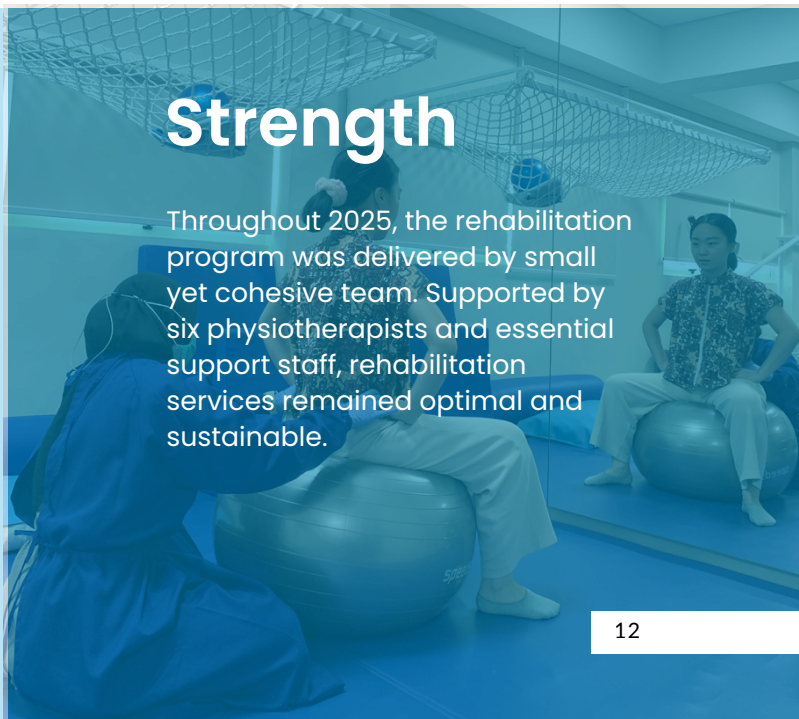
Service Performance

Therapy Session	Active Client	New Client	Graduate
19.798	247	72	48

Rehabilitation Staff

6 Physiotherapists
(4 professionally qualified)

3 Support Staff
(program Coordinator, Gym Assistant, Driver)



Strength

Throughout 2025, the rehabilitation program was delivered by small yet cohesive team. Supported by six physiotherapists and essential support staff, rehabilitation services remained optimal and sustainable.

Challenges and Strategic Responses

Challenges

- **Client Access & Attendance** (Health conditions, transportation, and environmental factors).
- **Human Resource Management** (Limited number of service personnel).
- **Service Continuity** (Client transition affecting service continuity).





Response

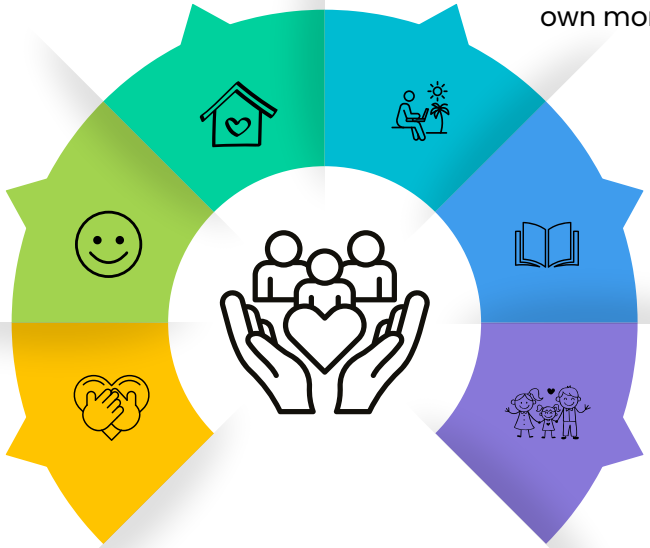
- Flexible scheduling and transport support.
- Balanced scheduling and continuous capacity building.
- Strengthened transition pathways and community collaboration.

Sustainable Impact

HOME EXERCISE
204 people able to do home exercise safely.

FOCUS ON WORK
46 people return to work and make their own money.

HAPPY LIFE
139 people with disabilities became more vibrant about their life.



HANDBOOK
176 people feel more confident to do home exercises through handbook.

ACCEPTANCE
116 people are more postive to have a family member with disability.

FAMILY SUPPORT
237 families support their family members with disabilities to do exercises at home.

**The data represents responses from a questionnaire administered to 237 participants, which is 96% of the total number of rehabilitation clients and family members.*

Activities Highlight



ROUTINE HEALTH CHECK-UPS CONDUCTED EVERY SIX MONTHS



MONTHLY COMMUNITY HEALTH OUTREACH IN COLLABORATION WITH THE DENPASAR CITY HEALTH OFFICE



HEALTH SEMINARS AND WORKSHOPS FOR COMMUNITIES AND CAREGIVERS OF PEOPLE WITH DISABILITIES



HOME VISIT

Rehabilitation Program

Success Story

Recovery Without a Cane – Stepping Stronger

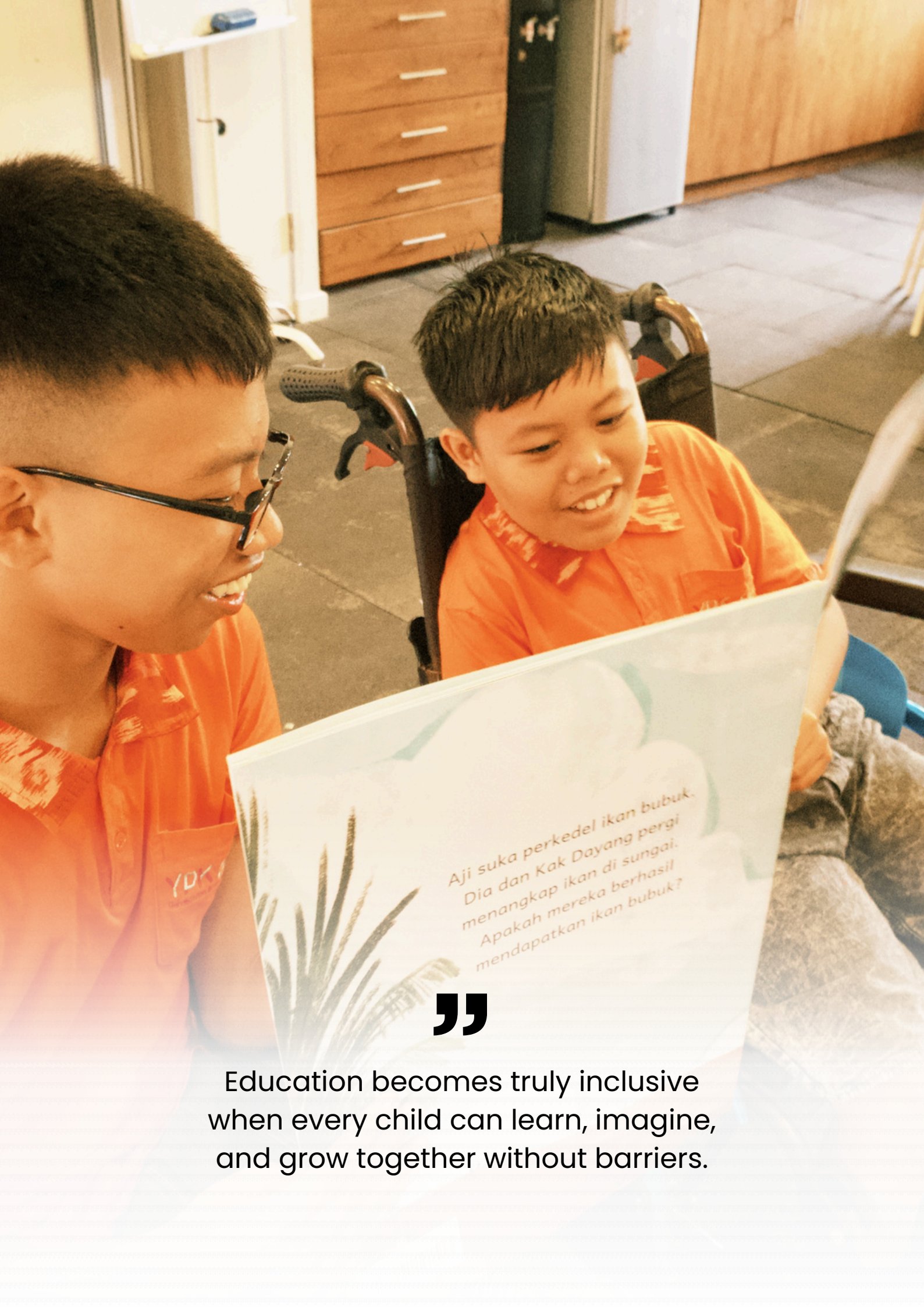
Over the course of 3 months of rehabilitation and gym sessions at YPK Bali, Wayan Sukra, a stroke survivor, experienced a significant transformation. He first came with weak, stiff hands and legs, relying on a cane to walk. Now, he no longer needs the cane and can walk freely and with more confidence.

Guided by patient and dedicated therapists, his therapy was conducted in a gradual and comprehensive manner, starting with leg exercises, followed by hand training. Wayan Sukra feels that the results in regaining his strength and unaided walking, has been more effective than those from hospital treatments.

> “I am very happy, satisfied, and I truly feel supported. I hope YPK Bali can continue helping others in need of rehabilitation.” — Mr. Sukra

CLIENT TESTIMONIAL





”

Education becomes truly inclusive when every child can learn, imagine, and grow together without barriers.

Education Program

YPK has a basic education and life skills development for children and young people aged 5–25 with physical disabilities. This aims at building self-confidence and independence. The program focuses on strengthening basic academic abilities, daily living skills, and social skills in a supportive and inclusive environment.

Key Learning Focus

- SOCIAL INTERACTION
- DAILY LIVING SKILLS
- ACADEMIC LEARNING
- COMMUNICATION










- ARTS
- SPORTS
- SELF-CARE
- INTERESTS AND TALENTS

Student Demographic

55% Male

45% Female

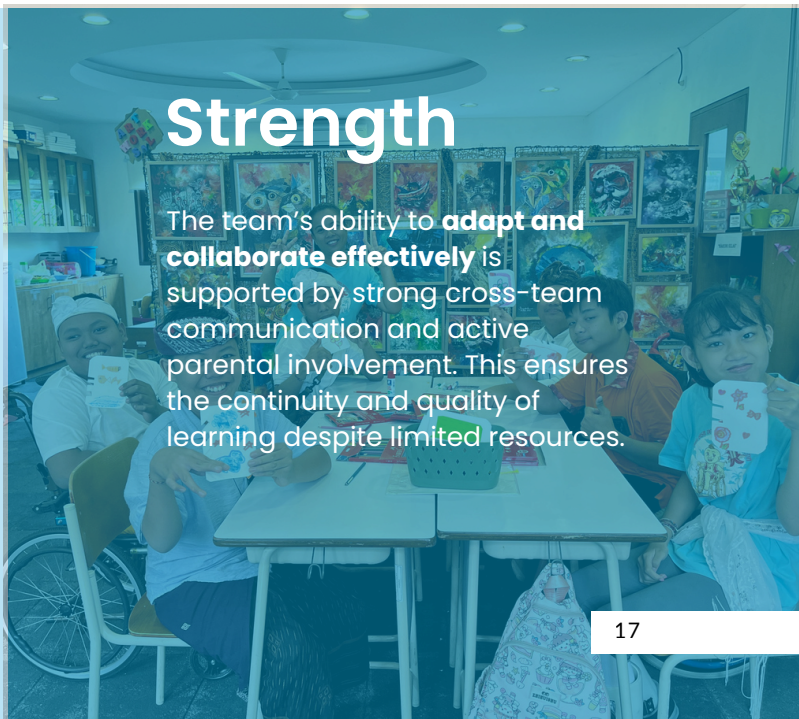
Education Performance

Total Session	Active Student	New Student	Graduate
10.551	117	15	2

Education Staff

2 Teacher

2 Support Team
(Education Program Coordinator, Driver)



Strength

The team's ability to **adapt and collaborate effectively** is supported by strong cross-team communication and active parental involvement. This ensures the continuity and quality of learning despite limited resources.



Education Program

Challenges and Strategic Responses

Challenges

- Developing the program requires careful scheduling and coordination.
- Higher number of student participation managed through rotational monthly learning sessions.
- Balancing classroom-based learning with experiential, out of class activities.





Response

- Implementation of a more flexible scheduling system.
- Engagement of supporting volunteers in the learning process.
- Optimisation of class delivery to ensure equitable access to learning.

SUSTAINABLE IMPACT



88
More confidence Children, Calmer Families

117
Growing Skills Through the Arts

64
Building Confidence in Social Interaction

85
Building Environmental Awareness

105
Strengthening Communication Skills

**The data represents responses from a questionnaire administered to 117 participants, which is 100% of the total number of education clients and family members.*

Activities Highlight



FAMILY FUN DAY


COLLABORATIVE SINGING PERFORMANCE


ART EXHIBITION AT ARYADUTA, BALI


HOTEL CHRISTMAS CHOIR PERFORMANCE


NYEPI IS CELEBRATED WITH AN OGOH-OGOH PARADE


ART WITHOUT LIMITS: BLOW PAINTING BY YPK BALI STUDENTS

EMPOWERING PARENTS... STRENGTHENING FAMILIES

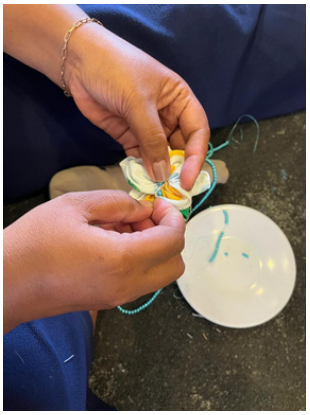












While children receive therapy at YPK Bali, a quiet transformation unfolds alongside them. These include one of strength, dignity, and opportunity for their parents.

At YPK Bali, we recognise that supporting a child means empowering the entire family. As parents accompany their children during therapy sessions, they are invited to participate in skills training such as sewing. Many parents, particularly mothers, gain new sources of income, rebuild confidence, and reclaim a sense of purpose.

What begins as waiting time becomes a moment of transformation. Each product they create is sold, generating additional income for their families while also contributing to YPK Bali's programs, ensuring the sustainability of these activities. Beyond practical skills, parents find a supportive community where experiences are shared, and collective strength grows.

When parents are empowered, children benefit more fully, and families move forward with greater confidence and opportunity.

Education Program

Success Story

From Therapy to Live Stage

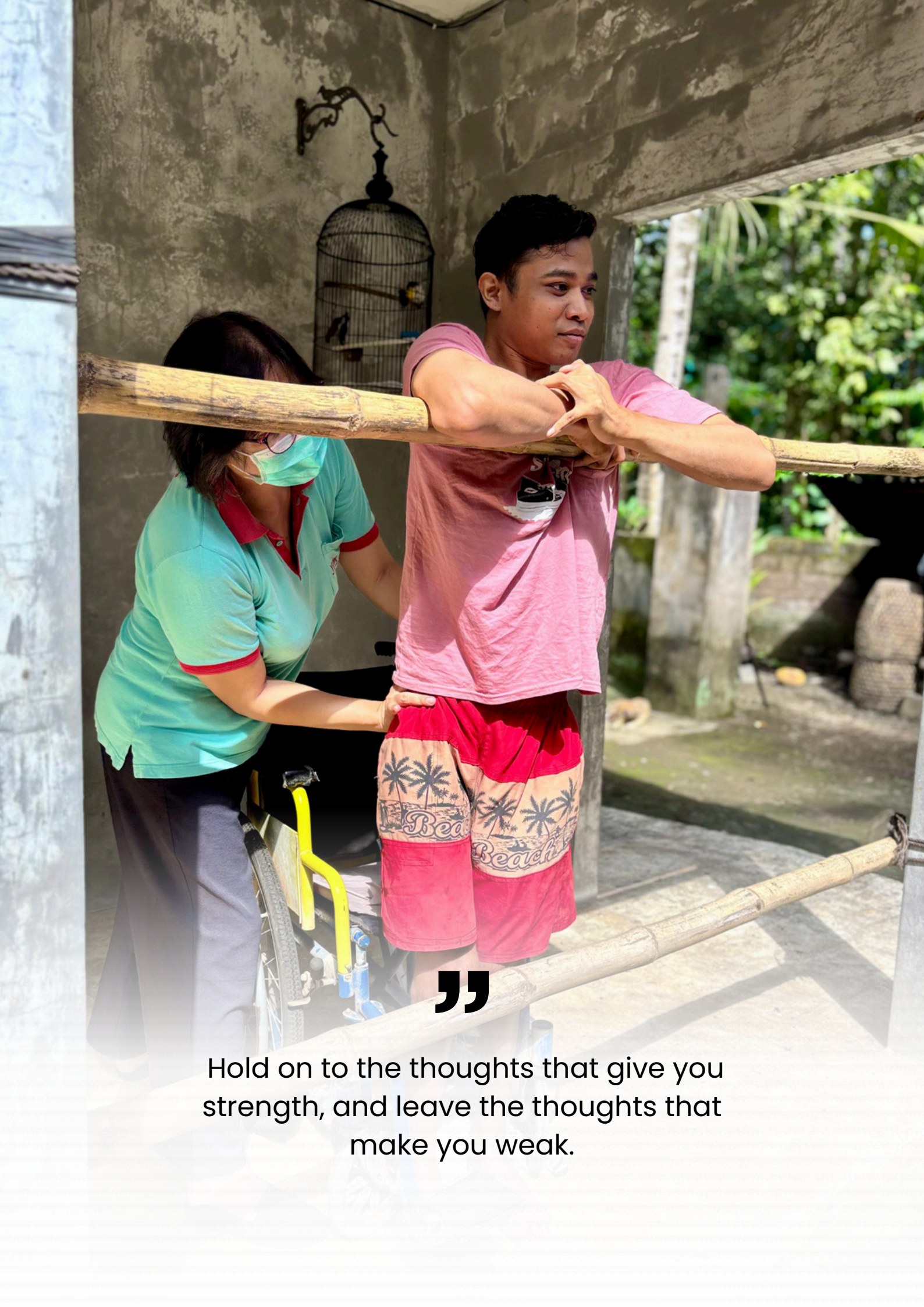
Giri initially came to YPK Bali only for physical therapy. Quiet and reserved, his interests and talents were not yet visible. Since joining YPK Bali's education program last year, Giri has shown significant positive changes. He now arrives with enthusiasm, participates actively, and demonstrates growing confidence.

Through the inclusive Music class, Giri found a way to express himself. By engaging in music activities with his peers, he is able to follow rhythm, participate in group settings, and enjoy learning in a joyful and supportive environment. YPK Bali's education program provides children like Giri with opportunities to explore their potential and grow with confidence.

> "Seeing Giri become more active, confident, and passionate is a true gift. My hope is that he will continue to stay enthusiastic and one day be able to walk."
> — Giri's Mother



CLIENT TESTIMONIAL



”

Hold on to the thoughts that give you strength, and leave the thoughts that make you weak.

Mobile Clinic Program

YPK Bali extends outreach services to remote villages by delivering essential health therapy services for people with disabilities, and other vulnerable community members. These services empower families of people with disabilities through the use of affordable, locally available resources. This results in parents creating adapted assistive devices and home-based therapeutic exercise tools.

Mobile Clinic Service

- MONDAY TO WEDNESDAY








- THURSDAY TO SATURDAY

Client Demographic

51 Disable

282 Risk

Mobile Clinic Performance

Total Therapy Session	Active Client	New Client	Under 5 y.o
3.727	124	333	294

Mobile Clinic Staff

1 Physiotherapist

2 Support Team
(Program Coordinator, Driver)

Strength

The mobile clinic team consists of experienced rehabilitation professionals who deliver quality services through a community-based approach. They demonstrate high flexibility in reaching underserved and hard to access areas.



Mobile Clinic Program

Challenges and Strategic Responses

Challenges

- **Operational challenges:** vehicle tyre damage occurred in remote areas with no access to repair facilities.
- **Weather conditions** affected client attendance for in-person services.
- **Heavy rainfall and flooding hindered access** to village service locations.





Response

- **Operational preparedness:** provision of spare tyres and basic repair equipment.
- **Service adjustments:** rescheduling and client communication during adverse weather.
- **Flexible delivery:** prioritisation of home visits when village access is limited.

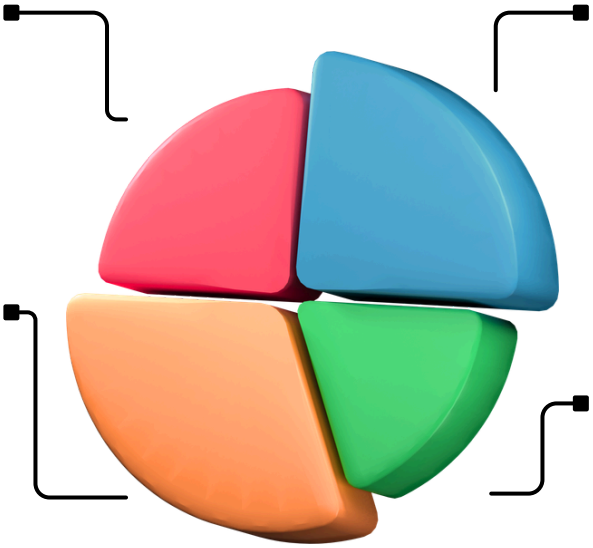
Sustainable Impact

Empowered parents, healthier children

294 families reached with child growth & development education

Safer homes, greater independence

56 families modified their homes with therapy and exercise tools to support independence and safety for family members with disabilities.



Better movement, improved daily life

60 clients improved after physiotherapy

Home exercises

64 families applied home physiotherapy exercises

**The data represents responses from a questionnaire administered to 294 participants, which is 100% of the total number of mobile clinic clients and family members.*

Activities Highlight



COMMUNITY HEALTH OUTREACH



EARLY DETECTION OF PHYSICAL GROWTH AND DEVELOPMENT AT INTEGRATED COMMUNITY HEALTH POSTS (POSYANDU)



ONLINE THERAPY SESSION



HOME VISIT

Success Story



WALKING TOGETHER

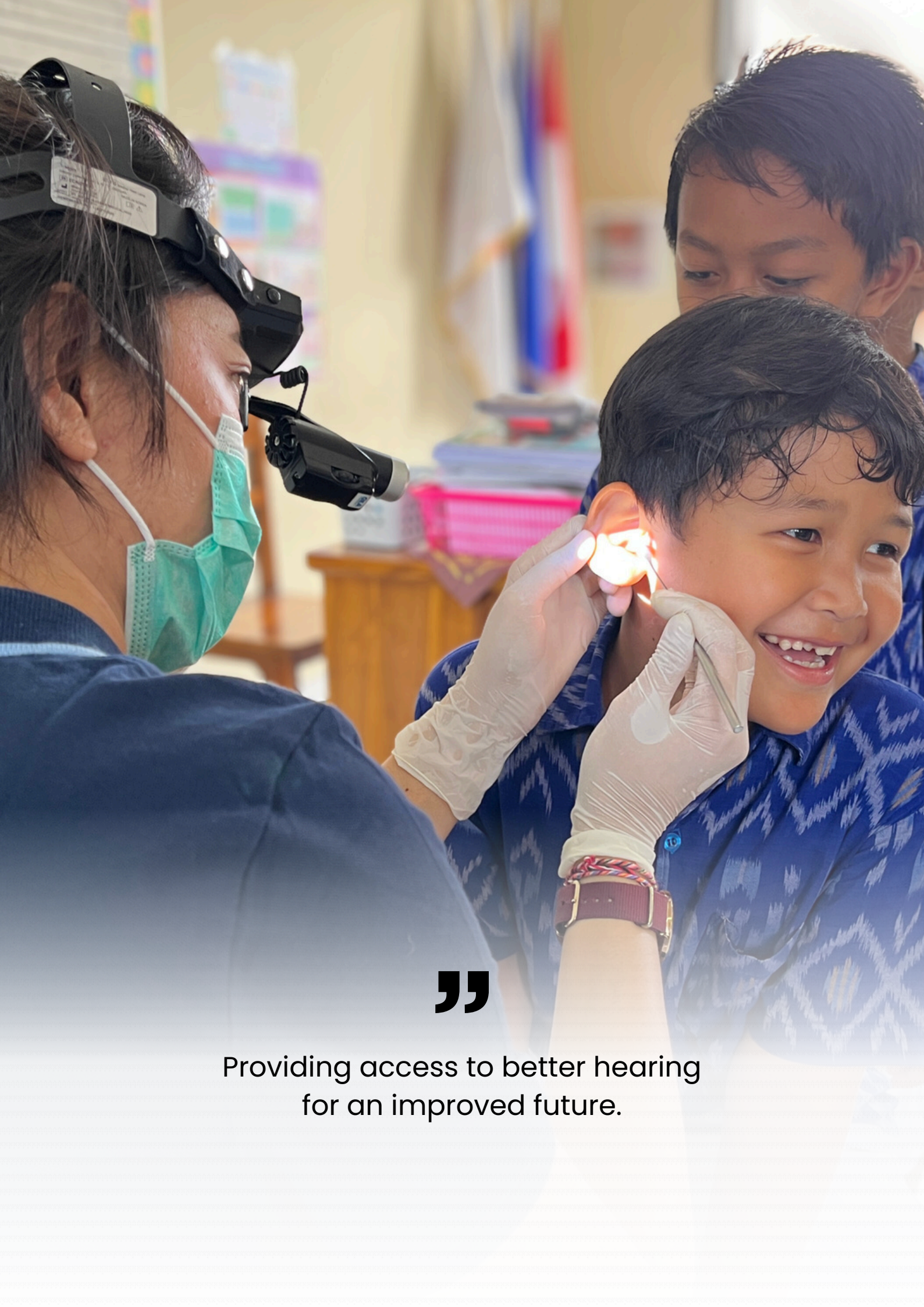
Yogi and His Mother's Journey with YPK Bali's Mobile Clinic



At the age of three, Yogi from Tabanan was unable to walk, leaving his mother Mrs Wayan Admini, deeply concerned about his future. Access to specialised therapy was limited, and hope felt distant.

Through regular physiotherapy provided by YPK Bali's Mobile Clinic, Yogi received continuous, community-based support over the course of one year. Today, at 4.5 years old, he is able to walk using a mobility aid—an important milestone that reflects the life-changing impact of accessible rehabilitation services made possible through donor support.

Yogi's story is one of many that demonstrate how sustained care and inclusive services enable children to grow, gain confidence, and move towards a more independent future.



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Providing access to better hearing
for an improved future.

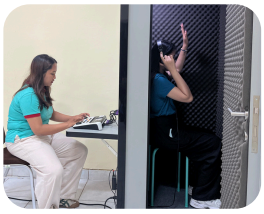
BaliRungu Program

YPK Bali provides sustainable support for schoolchildren, communities, and people with hearing impairments. This is achieve through ear, nose and throat (ENT) examinations and consultations, access to affordable hearing aids, and education on hearing health care and prevention.

BaliRungu Service

- ENT EXAMINATIONS
- AUDIOMETRY TESTING
- HEARING AID DISTRIBUTION













- EARLY EAR SCREENING FOR TODDLER
- COLORING BOOKS DISTRIBUTION
- EAR HEALTH EDUCATION

BaliRungu Performance

Number Served 6,206 people

Medical Personnel 38 doctors

Ear screening 828 0-5 y.o

Geographic Coverage 65 locations

Handbook 1,200 delivered

BaliRungu Staff

1 Nurse
(Program Coordinator)

A single, highly dedicated core team member.

Strength

- Supported by 30+ volunteer of medical personnel throughout the year.
- Able to coordinate services across villages throughout Bali.
- Focused on ENT services for children of school and communities.
- Medical services, hearing-loss prevention education, and hearing aid distribution.
- Highly efficient and flexible work model.
- High social impact despite minimal human resources.



Challenges and Strategic Responses

Challenges

- Growing demand for ear and hearing health services across Bali.
- Wide geographic coverage of service areas.
- Limited program resources.
- Sustainability of long-term programs.
- Reduce awareness of hearing health.

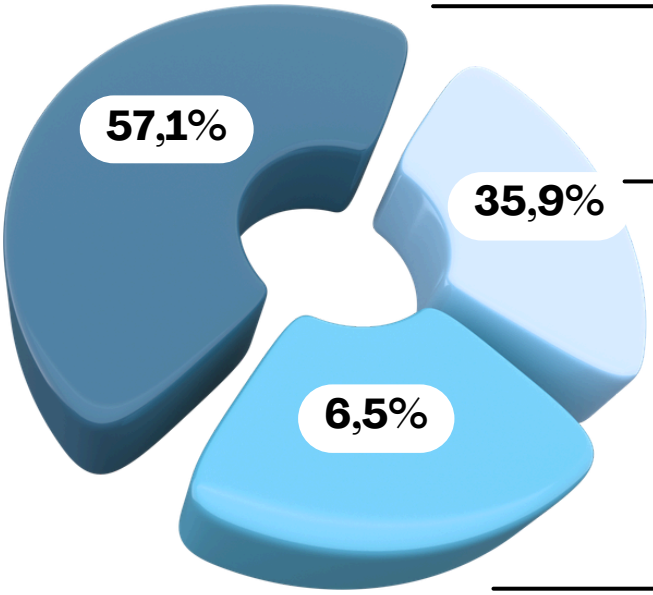




Response

- Strengthened collaboration with volunteer doctors and local partners.
- Enhanced coordination with schools and community stakeholders.
- Efficient resource management and optimised donor support.
- Sustained volunteer engagement through structured program planning.
- Ongoing educational initiatives for children and communities.

Cases Identified During Service Delivery



1,395

Cerumen impaction

identified and managed through field-based services.

877

Chronic Tonsilitis

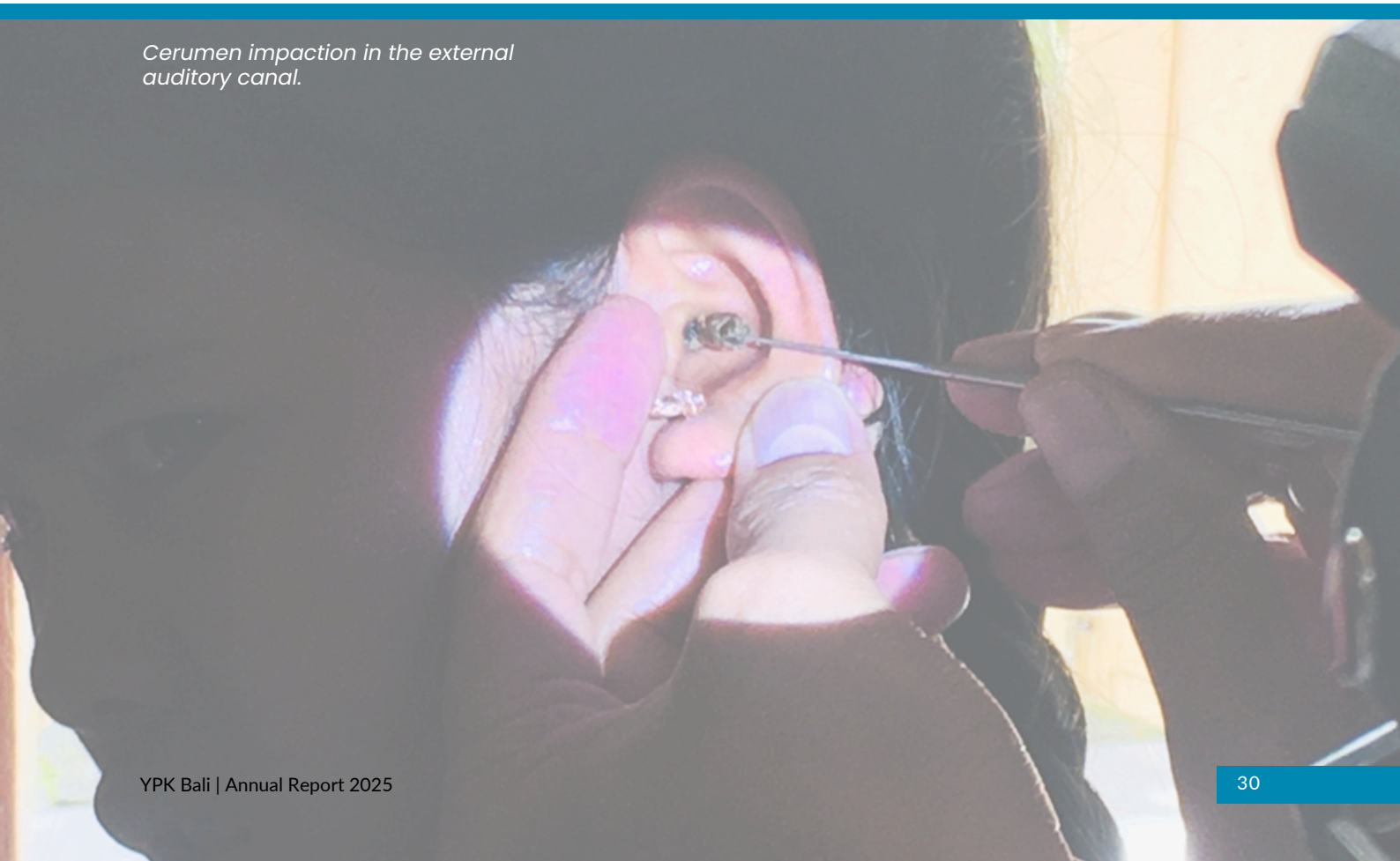
detected and provided with initial treatment

145

Additional cases

including hearing impairment, CSOM, AOM, and rhinitis.

Cerumen impaction in the external auditory canal.



BaliRungu Program

Distribution of Hearing Aids

In 2025, YPK Bali successfully distributed 10 hearing aids to individuals in need, prioritising school-aged children and those of productive age from economically disadvantaged backgrounds. This initiative was implemented in collaboration with, and supported through, the Corporate Social Responsibility (CSR) program of Impi Hotels (Hospitality Management in Bali).

The support provided has contributed significantly to improving access to hearing and communication, enabling recipients to engage more effectively in education, work, and daily interactions. Through this initiative, individuals are given greater opportunities to reach their full potential, while families are better equipped to support their development and inclusion in everyday life.



Success Story

Clearer Hearing... Brighter Days

Through YPK Bali's ear-cleaning service at school, we encountered several notable cases among hundreds of students — one of them was a student named Arta, who complained of pain in both ears. The result was that his ear canals had been blocked by a large and hardened buildup of earwax (cerumen), making it difficult to remove. The cleaning process took much longer than it did for other students.

Although the procedure was quite lengthy, Arta thankfully did not feel any pain and felt relieved afterwards. The feeling of pressure and pain in his ears gradually disappeared. Now, with clean and comfortable ears, Arta can hear clearly, a small step that has made a big difference in his motivation to learn.





”

From small steps to a big finishing line...
together we shape a healthy future.



THE BOARD

ADVISOR
dr. Tony Gosal

SUPERVISOR
Drs. I Gst Made Bagiadi, M.Sc

CHAIRPERSON
Elsye Suryawan, S.Kom

SECRETARY
dr. Yulita Cundawan

TREASURER
dr. Iwan Tjoegito

The Board provides strategic direction and governance oversight to ensure organisational accountability and long-term sustainability.



YPK BALI TEAM

Management | Rehabilitation Unit | Education Unit |
Mobile Clinic Unit | BaliRungu Unit | Volunteers

Helping People with Physical Disabilities

Serving with heart, creating meaningful impact




















Our Volunteers

Growing Together

The year 2025 has been one of collaboration and hope. We extend our sincere appreciation to all volunteers who have dedicated their time, energy and compassion alongside YPK Bali. Every effort, no matter how small, has made a meaningful difference in the lives of the children and communities we serve.







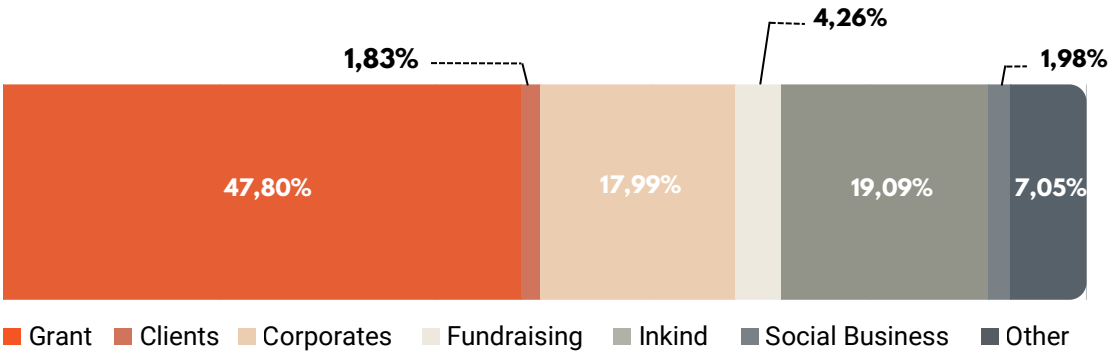






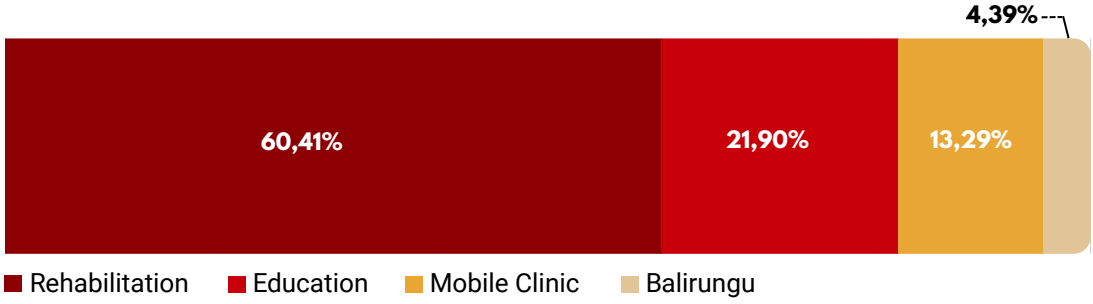
Financial Report

HOW WORK IS FUNDED

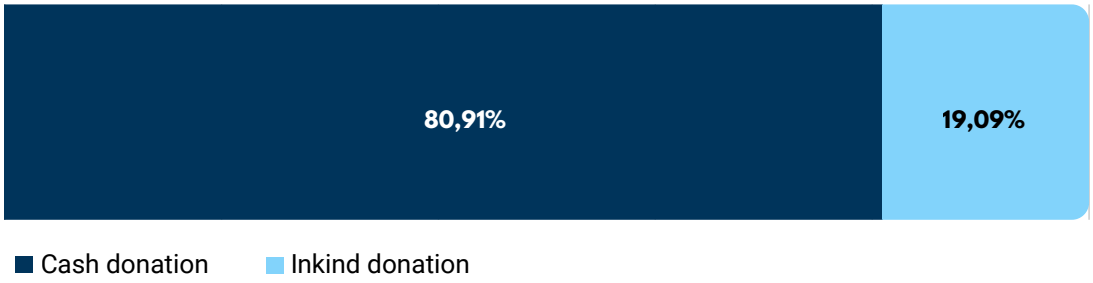


**Grant: 65,51% comes from Inspirasia Foundation*

HOW YOUR GIVING HELPS



CASH & INKIND DONATIONS



Our Major Donor

Inspirasia FOUNDATION

ANNIKA LINDEN CENTRE



Since 2010, the continued support of Inspirasia Foundation has played a significant role in YPK Bali's journey. In 2025, this enduring partnership remains instrumental in strengthening YPK Bali's efforts to deliver rehabilitation, education, and inclusive programs for people with disabilities.

Through their sustained commitment and trust, Inspirasia Foundation has contributed to long-term, meaningful impact fostering independence, improving quality of life, and expanding opportunities for those we serve. We extend our sincere appreciation for this valued collaboration as we work together towards a more inclusive and empowered future.

Our Partners & Supporters

We would like to extend our heartfelt appreciation to all our partners and donors for their continuos support.

Major Donors

Inspirasia Foundation

Annika Linden Centre

Strategic Partners

Handara Giveback

impi

Mitra Prodin

Program Partners

Individual & Community Partners

We also extend our gratitude to 150+ individual donors who contributed throughout the year.

Collaboration is key to the impact we achieve. Throughout the year, we have worked with various partners and received support from donors who make our programs sustainable.

THANK YOU



Thank You

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