

YPK Bali Newsletter

1st Edition - September '09



Welcome to the First YPK Bali Newsletter!

As YPK Bali has been developing and growing as a foundation over the past few months, we think it is time to officially inform all of our patients, friends, family and whoever else might be interested, exactly what we have achieved over this time and who we have to thank for our developments until now. While there is still a long road ahead of us, we strongly believe that with all our enthusiastic, determined staff and continuing support from sponsors, donors and volunteers, the coming years will see a strengthening and expansion of YPK's programs and services.

We hope you find the 1st Edition of the YPK Newsletter interesting and informative. Every 4 months we will release a new edition so that you can follow us along our path to providing rehabilitation services, support and hope to as many physically disabled people as possible throughout all 8 regencies in Bali.

Education for YPK Children

In March 2009, YPK introduced a seed education program for YPK child patients aged between 1 ½ to 13 years old. Following their regular therapy session on Saturdays, children who have not been accepted into the public school system participate in educational classes which focus on reading, writing, mathematics, artwork and English. The informal education sessions are designed to stimulate the minds and improve social skills of our child patients. Up until now, 9 children have participated in the program which is taught and facilitated by volunteer students from the Bali International School, Tiffanie, Jessica and Akta, along with YPK patient, Eka. In 2010 we plan to expand this program to 30 children from poor backgrounds in the areas of Denpasar and Badung. The expanded program will be supervised by a professionally trained teacher and teaching assistant and will be available to 3 groups of children, 2 times per week each.



(Clockwise from top left) (1) Mega learning the alphabet with YPK Administrator Elsy; (2) Yonggi learning how to read with Physiotherapist, Seno; (3) Bagia and YPK volunteer, Eka.

We would like to send a big thank you to our volunteer teachers, **Eka**, **Tiffanie**, **Jessica** and **Akta** as well as to local women's group **Pancaran Kasih Bunda** for all their support towards the seed education program.

Australian Volunteers at YPK



Since March 2009, YPK has been home to 2 Australian volunteers, **Lizzie** and **Sophie**.

Sophie (left) and Lizzie (right).

Sophie is working as Business Development Officer through the "AYAD" program, to raise funds for YPK and hopefully attract new sponsors and donors to support our future programs. She is also providing weekly English lessons for YPK staff.

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Lizzie is a Physiotherapist, volunteering through the “VIDA” program to strengthen YPK services by training our local Physiotherapists and developing the **evening physiotherapy clinic**. The ‘new’ evening clinic was set up in July 2009 for working professionals who can afford to pay for physiotherapy treatment. All fees for the evening clinic treatment go directly towards the costs associated with providing a free service to YPK patients who cannot afford to pay for therapy. Lizzie is currently supervising the clinic, but has already begun in-services (skill training sessions) for our local physiotherapists so the professional service can continue when Lizzie returns home to Australia. So far, the clinic has proven to be very popular amongst both expatriates and Indonesians alike. We hope the success of the clinic continues to grow in future!

Skill Training for Physically Disabled People

From 21-26 July, the Bali Labour Department along with YPK, lead a skills training workshop designed to encourage physically disabled people to enter the workforce. The 20 workshop participants came from all 8 regencies in Bali with varying physical conditions such as visual impairment, post Stroke, Polio and Cerebral Palsy. The workshop explored possible professions the participants could undertake and also looked at business management practices. The Bali Labour Department will provide each participant with the tools and equipment needed to start their own businesses. All participants were very enthusiastic about their new job prospects. YPK will be sure to report updates on the progress of workshop participants in Edition 2 of the YPK Newsletter.



Bapak Agustinus who has already established a business selling peanuts following skill training with YPK.

YPK Bali Fundraising Event

YPK is in the beginning stages of planning a fundraising event for 6 February 2010, to raise awareness and understanding about YPK and the state of disabilities in Bali. The event will be held at Villa Dampati, Sanur, and will include finger food, live music, raffle draw and auction. YPK will gratefully accept any donations towards the event, including raffle prizes, auction items, cash contributions and volunteers.

All proceeds from the event will go towards expanding YPK’s services for physically disabled people in Bali, including strengthening the education program and mobile rehabilitation out in the villages.

We will keep you posted for any further updates on our event!

Please contact Sophie on 0812 3647 6460 if you would like to make a contribution towards the event.

Thank you to YPK’s Supporters

YPK would like to send out a heartfelt thank you to the following organizations and individuals who have supported our work over the past few months. Without the generosity of donors such as these, our foundation would not be able to continue providing our valuable services to the physically disabled community in Bali:

- **ALF (UK) & YKIP** (Indonesia)
- **VIDA & AYAD (AUSAID)** (Australia)
- **MR. MILAN ACOSTA** (Australia)
- **DR. DEKY SOUVANNAVONG** (Australia)
- **MISS ERIKA GABRIELLE** (Indonesia)
- **LA TROBE UNIVERSITY** (Australia)
- **PANCARAN KASIH BUNDA** (Indonesia)

The Annika Linden Foundation (ALF) along with the administration team from **Yayasan Kemanusiaan Ibu Pertiwi (YKIP)** provided funding to YPK for the months of July and August. ALF’s donation contributed to the operational costs of the Yayasan for these 2 months, including petrol for our patient pick-up service, new floor mats for the children education sessions and printing of YPK brochures.

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The **VIDA (Volunteering for International Development from Australia)** and **AYAD (Australian Youth Ambassadors for Development)** programs which are funded by AusAID, have provided YPK with two volunteers from Australia, Lizzie and Sophie.

Since December 2008, **Milan Acosta** from Australia has been donating his time to designing YPK's promotional materials, including posters, brochures and evening clinic flyers. Milan provides design work for a range of organizations as well as being a full time Masters student at the University of Sydney, so we are truly thankful he always manages to find time for us here at YPK.



In September 2009, private donor from Australia, **Deky Souvannavong**, donated a wheelchair to YPK Bali for the use of Nengah Sukarta. 26 year old Nengah has never been able to walk due to contracting Polio at the age of two and has relied on a wheelchair to move around his home in Karang Asem. For the last two years Nengah's wheelchair has been broken, so he is thrilled to have a brand new wheelchair donated to him!



Nengah and his wife with his new wheelchair at their home in Karang Asem.

Erika Gabrielle from Bali, raised \$150AUD for YPK's education program whilst in Perth, Australia, by teaching Hampton Park Girl Guides how to cook Indonesian Nasi Goreng and weave-lace their shoelaces in an innovative and 'funky' way. We plan to put this money towards learning recourses such as books, games and stationary.



Erika and Nasi Goreng made by the Girl Guides.

In September 2009, **La Trobe University** in Melbourne, Australia, donated anatomy models to YPK. Lizzie plans to make use of these models during her in-services (skill training sessions) with our local Physiotherapists.



(Left) Lizzie explaining anatomy models to YPK staff; (Below) Anatomy models donated by La Trobe University.



Lastly, a huge thank you to the Balinese women's group, **Pancaran Kasih Bunda (PKB)**, who have made numerous contributions towards the YPK children's education program. Over the past few months PKB have donated educational tools such as games, puzzles, books, stationary and have subsidized the transportation of children to the YPK rehabilitation centre.